

ADK Today

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Don't Miss Out

In September 1609, Henry Hudson and the crew of the Half Moon explored the magnificent Hudson River. Now, 400 years later, you can make your own voyage of discovery during "Fall Outing 2009: Discover the Lower Hudson Valley." Fall Outing (Sept. 25-27) features a full weekend schedule of hikes, canoe and kayak trips, bike rides and other events highlighting the scenic beauty of Harriman State Park, Sterling Forest and other natural areas. Preregistration is required and the **registration deadline is Sept. 4**, so register now. The registration fee for the weekend is \$25 per person. More information [here](#).

Life Jacket Requirement

A new state law that goes into effect Nov. 1 will require paddlers to wear life jackets from late fall through early spring. According to the amendment to Navigation Law, "no owner or operator of a pleasure vessel less than twenty-one feet, including rowboats, canoes, and kayaks shall permit its operation, between November first and May first, unless each person on board such vessel is wearing a securely fastened United States Coast Guard approved wearable personal flotation device of an appropriate size when such vessel is underway." Violators could face a fine of \$100 to \$250.

Summit Steward Reunion

Past and present summit stewards, partners and program supporters celebrated the 20th season of the Summit Steward Program at an event on Aug. 8. The celebration was hosted by the 46er Conservation Trust, a major sponsor of the Summit Steward Program, and was held at The Boulders, the home of Grace Hudowalski. During the afternoon program Betsy Lowe, DEC Region 5 director, and Willie Janeway, DEC Region 3 director, presented ADK and the Adirondack Chapter of the Nature Conservancy with certificates recognizing the success of the 20-year partnership. Representatives from all three partner organizations spoke of the success of this unique program. Stewards from the first years of the program traded stories with current stewards and watched a short slide presentation spanning the program's history.

Northville-Placid Trail

ADK's Professional Trails Crew recently completed the rerouting of a section of the Northville-Placid Trail. The 10-week project resulted in a new 7.5-mile section that takes the trail off Cedar River Road and into the Blue Ridge Wilderness. The new section officially opens Thursday, Aug. 27. Building the 133-mile NPT was one of the first projects undertaken after ADK was formed in 1922. The Trails Crew has also been recognized by DEC for "30 years as partners rebuilding and maintaining trails in the Adirondack and Catskill parks." The Certificate of Appreciation was signed by DEC Commissioner Pete Grannis.

idadaride!

More than 200 riders participated in the fourth annual *idadaride!* Adirondack Bike Tour on

Aug. 16, including 173 who completed the 75-mile loop through the heart of the Adirondacks. Thirty-four riders completed the 20-mile option. More than two dozen volunteers, including 10 from the Cold River Chapter, formed the support team for the event. The riders ranged in age from 16 to 77, with men outnumbering woman by a 3-to-1 margin. While the majority came from New York, participants traveled from as far away as Florida, Michigan and Tennessee. The ride was held on one of the hottest days of the summer, with temperatures reaching 87 degrees by midafternoon. This is the second year that ADK has sponsored the event.

New Staffer

Laurie Schweighardt has come aboard as ADK's new membership director. Laurie will be managing all aspects of membership, from acquisition (new member recruitment campaigns, direct mail) to retention strategies. She will represent the Membership and Development Department at outside events. She will also be responsible for design of membership-related materials and for member outreach and communications (e-mail campaigns, Web site copy and promotions, direct mail). In addition, she will examine ways to extend memberships to outdoor clubs, unions and other organization that have expressed interest in ADK. Laurie has an MBA from RPI. She's been an ADK member for over 10 years and served as the Albany Chapter membership chair for the past two years.

Save the Date

ADK's 9th Annual President's Dinner, "Recognizing Outstanding Service and Achievement," will be held from 5 p.m. to 9 p.m., Saturday, Oct. 24, at Mallozzi's Clubhouse at Western Turnpike Golf Course, Guilderland. For more information, contact Virginia at (518) 668-4447 Ext. 25 or send an [e-mail](#).

ADK in the News

- [Hiking Around in Circles? Probably, Study Says](#)
- [Discover the Lower Hudson Valley](#)
- [Allegany State Park needs legal protection](#)
- ['Adirondack Cookbook' may broaden palates](#)
- [Low turnout for final wilderness classification hearing](#)
- [Groups Call on Governor Paterson to Rescind Executive Order 25 ...](#)
- [Act now or lose Allegany State Park as we know it](#)

Other News

- [Earthquakes and Polluted Wells Tied to Hydrofracking](#)
- [Oil industry Backs Protests of Emissions Bill](#)
- [New parking planned for trail](#)
- [Safety, disposal of fracking fluid raise concerns](#)
- [APA warned to be pro-active on insects](#)
- [State diverts flow of money](#)
- [Bigger Better Bottle Bill Lives!](#)

ADK Today is an occasional compendium of news and views of interest to members of the Adirondack Mountain Club (ADK). It is produced and distributed by the ADK Communications Department, 301 Hamilton Street, Albany, NY 12210. **Comments, questions or concerns** about

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