

Adirondack Mountain Club Keene Valley Chapter

The Town of Keene had a rough winter and spring, a lot of snow and then rain. The snow made for great fun skiing and snowshoeing. The melting snow and heavy rains caused the streams and river to overflow extensively causing roads to be closed and homes to be surrounded or invaded with water. Rt. 73 was closed for a while and parts of the roadway churned up. But hikers were still out there searching for trails that weren't too muddy and brooks easy to cross.

The summer season we are beginning brings a welcome change, warmer days and less challenging hiking and paddling conditions. Trail maintenance needs might be greater and volunteers are always appreciated. Just contact Dick Gaffney: dickgaffney@gmail.com, 518-576-4673. There are lots of outings scheduled and

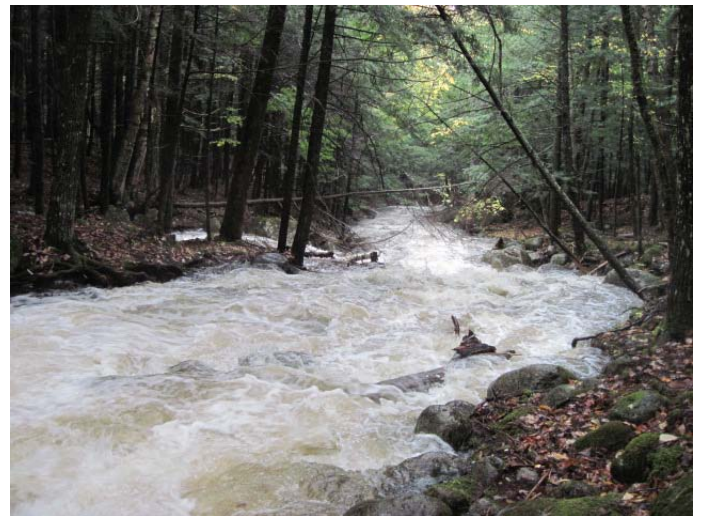


Summer 2011

I hope to see you on some of them, but regardless, take advantage of the variety and have fun.

The Annual Meeting will be held on Wednesday, August 10th, 2011 at 4:30 PM in the Nature Conservancy Building in Keene Valley. A short meeting will be followed by a DVD of the ancient ruins of Angkor Wat and some present day local scenes in Cambodia.

~Bettyann Dixson, Chairman



Keene Valley Bettyann Dixson (photographer)

Jimmy Goodwin of Keene Valley

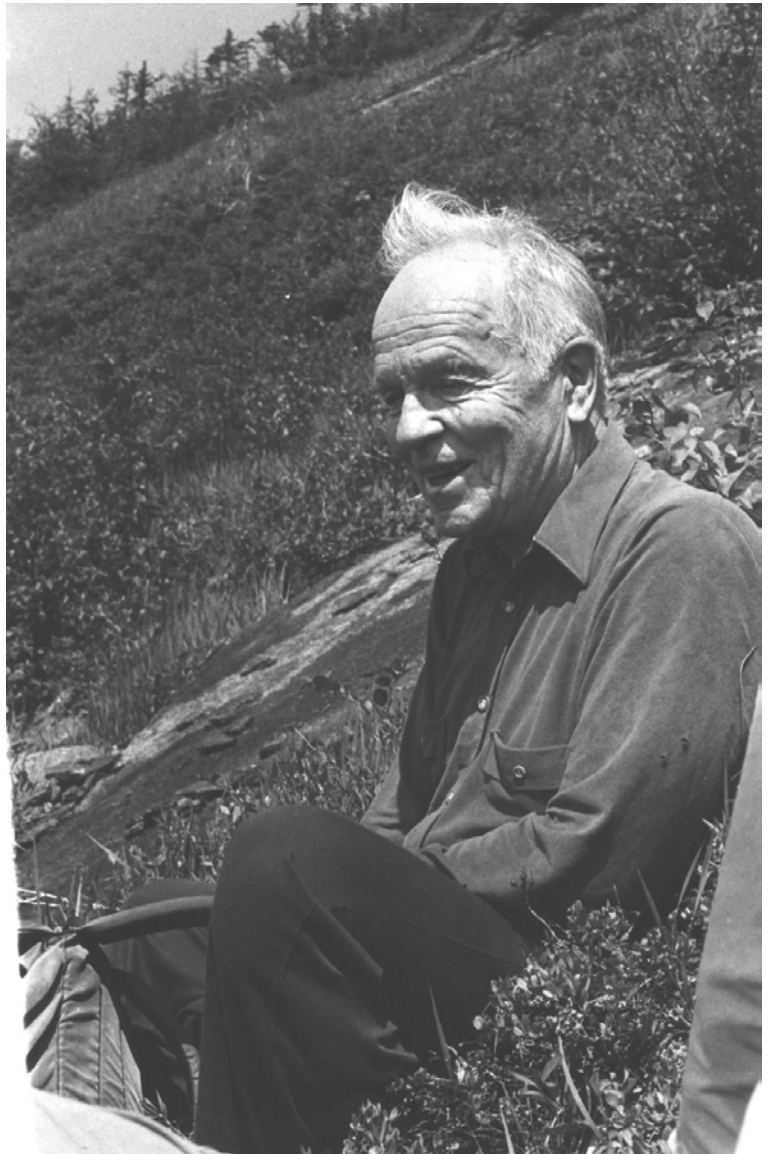
By David Thomas-Train

Jim Goodwin left us on April 7 as gently as he had lived his 101 years. He lived the words of fellow Marcy-climbing Teddy Roosevelt, still in office the year before Jim was born in 1910: "Speak softly and carry a big stick. You will go far."

He led summer hikes, overnights, bushwhacks, and canoe trips from 1955 to 1975 for us kids around Keene Valley. To us, he was just "Jimmy". We all recall his soft speaking. But our "pack of wild dogs" as Vinny McClelland of the Mountaineer called us, needed the big stick of Jimmy's rare anger. Whether we were carving our names into the lean-to at Slant Rock or tossing Cherry Bomb explosives into the Giant's Wash-bowl, Jimmy would charge over to shock and awe us with sharp reprimands. The lessons were unforgettable, tough words to the astonished culprits.

Two incidents must have particularly tried Jimmy's famous patience. The plaque on Esther Mountain's summit was placed there by the Forty-Sixers in 1939, to honor Esther Macomb's ascent a century before. In the mid-1950s, that plaque showed up in the bedroom of a teenage miscreant in a major East Coast city. A long-distance phone call came with the imperative from Jimmy in Hartford. The plaque made its rapid return home. The reformed thug recalls it as "the nadir of my career".

In another summer, Jimmy's purple mimeo trip schedule, as always, listed Allen. On that appointed early morning, in another bedroom in Keene Valley, a snoring adolescent deadbeat languished, turned off the alarm clock and pulled the pillow over, to evade the downtown rendezvous for the 22-mile trek. The lout was awakened, by the chugging of the Goodwin



1985 on the slides on the southeast face of Marcy when Jim led a "Forest Preserve Centennial" hike up Marcy via the route of the original trail cut by Old Mt. Phelps in 1861. Photo: Ed Hale

station wagon up the driveway, and its driver idling the engine outside; the shameless kid hid deeper in the covers. It took him 40 years to own-up to Jimmy and about that long to get up Allen.

Jimmy began educating us all at his ripe age of 12, guiding visitors up the trails around the Valley. He taught on into his second century during encounters on his daily walk from the Neighborhood House to the post office. He spurned help crossing the street then, feeling it a selfish imposition on others.

Between these bookends, he trained the Army climbing and ski troops of World War II and served as a medic behind the lines. He taught history and led outdoor clubs at Kingswood School in West Hartford. During school breaks, he and his wife Jane returned home to Keene Valley, near the Garden. He brought downcast urban kids to the mountains and brightened their lives, carrying one or two enormous pack baskets, while allowing them to romp lightly. On all the trips he led, Jimmy used a massive and musty canvas camp tent, which he of course toted. He dished up campers' fare of SPAM and instant mashed potatoes, or leathery pancakes accidentally garnished with pine needles. He sang to us and told ghost stories.

Jim laid out and cut trails we know well: Porter from Keene Valley, Big Slide from the Brothers, Hedgehog, the Ridge Trail to Giant, and the Pyramid Gothics Trail. The trail to Roostercomb is named for Jim, for his long ties to the Adirondack Trail Improvement Society, as director and trail builder. Part of the ADK Trails Committee and helper with five editions of the High Peaks guide book, he wrote the original route descriptions for all the trail-less peaks. He climbed Marcy a couple of hundred times, finally at age 85 with his grandchildren.

My last hike with Jimmy came a decade before, up Porter, with my son Asa on my back. The route included a bushwhack to his beloved meadows overlooking the beaver ponds. Jimmy swore at himself, as usual, for his "damn foolish" route finding, as he unerringly got us to the destination. Twenty years later, Asa and he compared notes on the Maroon Bells of Colorado, where he had trained the mountain troops. His mountain memories, clear as those Bells, passed to a new generation.

Up through March, I had the good luck and fun of visiting Jimmy for late afternoon "nips" at the Keene Valley Neighborhood House. After these long chats, he thanked me profusely and apologized that he couldn't serve me dinner.

"Educate" comes from the Latin "lead out", perhaps in both the interior and exterior sense of guiding and eliciting. Jimmy led us out into the mountains on the great trails he made. We now love and care for those wild places. By example, he guided us to spots of gentleness, humility and generosity. He helped tame us with love and care, and we came far with his soft voice and big stick. Jimmy educated us wild dogs. ~From the *Adirondac* magazine (July-August 2011)

Outtings

The trip offerings this year should have something that will appeal to all interests. Thanks to the cooperation between the Hurricane Chapter and the ATIS program every day offers the opportunity to take a paddle or hike and even more. We have some new leaders from our chapter and their trips offer something different. We would like to encourage you to make sure that the trip is suitable to your ability. When you call the leader please ask about details such as difficulty of the climb or length of the paddle. We do try and indicate that on many of the trips but it isn't always clear and you should not hesitate to ask for clarification. Although ADK trips can include children please remember that the ATIS trips are for adults and they have a junior program for kids. Last year's outings were highly successful. We would encourage all participants to use our Chapter's facebook page to share experiences and photos. Our facebook group is listed at the Keene Valley Chapter of ADK. As always we are looking for new leaders and new ideas so please do not hesitate to get in touch with your offerings as well as suggestions. I can be reached at: bdoman@epix.net.

~Karen Doman Outtings Chair

Backpacking Basics

first aid supplies every hiker should always carry

ace bandage and fasteners
adhesive tape or duct tape
Advil/aspirin/Tylenol, etc
alcohol wipes
antibacterial ointment
bandages and bandaids, asstd.
betadine wipes
emergency snacks
jackknife
moleskin
safety pins
solar blanket
~ and, finally,
a whistle.

Outtings Schedule

Wednesday, July 6

Birding at Whiteface

ATIS

Meet on Ausable Club porch @ 7:30; back ± 1
Leader: Bob Wei, 576-4205

Wednesday July 6

Sixth Annual Silent Paddle, Moose Pond

HURR

Spend 2-3 hours silently paddling, then meet for lunch and share our experiences with nature. Moose Pond or possibly another appropriate lake.
Leader: Lorraine Duval, 576-9109 loradk@localnet.com

Thursday, July 7

Indian Head via Gili Brook

ATIS

Meet on Ausable Club porch @ 9:45 (bus ticket needed); back ± 5
Leaders: Margie Whitman and Annie Wieschhoff, 576-4720

Thursday, July 7

Paddle Franklin Falls Pond

HURR

We will put in just below the rapids on Franklin Falls Road, and take out at the Dam (spotting cars). Meet at St. Brendan's Church at 9:30 a.m. Part of the Northern Forest Canoe Trail.
Leader: Marcia Mosey 576-9580 mgmosey189@earthlink.net

Friday, July 8

Johns Brook Trail

KV

Hike to John's Brook Lodge for lunch. Meet at the Garden Parking Lot at 9:30am
Leader: Bettyann Dixson, 576-9117

Saturday, July 9

Headwaters of Gulf Brook

HURR

This hike will be a bushwhack from the Gulf Brook lean-to to the head of Gulf Brook, then ascend Peaked Mt and over to Weston Mt. We will take the easy way back to Crow Clearing via Lost Pond and marked trails. Level B, about 6 miles, about 1500 ft ascent
Leader: Joe Bogardus, 576-9739 joe.adksgrmail.com

Monday, July 11 (rain date 7/12) Ampersand

ATIS

2 hour moderate ascent to magnificent views of the Lake Region, fronting the Seward Range & High Peaks followed by swim in Saranac Lake. Meet 10 am Ampersand parking lot, Route 3, 10 miles west of Saranac Lake
Leaders: Paul and Martha Leitner, 917-683-9221

Tuesday, July 12

Mouths of the Ausable

ATIS

Paddle upper mouth to near Lake Champlain, explore wildlife preserves; paddle Lake to lower mouth and return. Bring boats, paddles, life preservers, hat, lunch, water, sunscreen, binocs and camera. (Limit 5 boats)
Meet 9:30 at Ausable Chasm South parking lot on Rt. 9 on right before Chasm bridge, launch at Rt. 9 iron bridge, return by 3
Leaders: Walt and Augusta Gladding, 963-8907

Wednesday, July 13

Silver Lake Mountain and Bog

ATIS

Easy hike to Nature Conservancy Preserve and 2 overlooks of lake; approx 4 miles, includes both locations.
Meet at Ausable Club porch 10 with lunch, back by 4:30.
Leader: Annie Janeway, 576-9925

Wednesday, July 13 **Music, Mirror Lake and Merlot** **ATIS**
We will launch our boats at the public beach on Mirror Lake and paddle to the band shell to enjoy the Lake Placid Sinfonietta during one of their Wednesday night concerts. Bring boat, pfd, merlot, munchie to share, and flashlight or headlamp. Meet 6:15 pm at the beach, back 9pm
Leaders: Bob and Nancy Kohibecker, 576-2294

Thursday, July 14 **Clements** **ATIS**
Easy hike with great views; start behind the Canadian Outing Club on Styles Brook Road.
Meet 9:30 at bottom of Spruce Hill.
Leader: Monique Weston, 576-2224

Friday, July 15 **Fishing Brook Mt and Fishing Brook #2** **ATIS**
Two of the ADK highest; approximately 9 miles, mostly bushwhacking. Meet on Ausable Club porch 6 am, back ????
Leader: Tony Goodwin, 576-9949

Saturday, July 16 **Duck hole Loop** **HURR**
We will climb to Bradley Pond, then descend the little-used trail to Duck Hole. The return loop will be via Preston Ponds and Henderson Lake trails. The Bradley Pond trail is apt to be wet and muddy and involves an 1100' ascent. There is relatively less elevation change on the way out. We will need to spot a car at the Upper Works trailhead. Level A, 14 miles, about 1500 ft ascent
Leader: Peter Biesemeyer, 483-0641 pbiesemeyer@dnccc.edu

Monday, July 18 **Colvin and Blake** **ATIS**
By boat and the Carry Trail Meet on Ausable Club porch, call for time
Leader: Christine Bourjade, 873-2488

Tuesday, July 19 **Henry's Wood** **ATIS**
A short hike in the newly-developed Henry's Wood; bring a lunch. Meet 9:30 at St. Brendan's Church parking lot, back ±2.
Leaders: Bob and Nancy Kohibecker, 576-2294

Thursday, July 21 **Bike Ride** **ATIS**
Maybe the Burlington Bike Path, if it's usable; if not, something 15-20 miles and essentially flat. Helmets required, may need passports. Call for details. Meet 8:30 at St. Brendan's Church parking lot
Leaders: Art and Mandy Ticknor, 576-9869

Friday, July 22 **Saddleback and Gothics via Saddleback Slide** **ATIS**
Optional return via Sawteeth. Meet on Ausable Club porch 7:45 (bus ticket needed), return ±6.
Leaders: Sam Hoar and Tad Zeiski, 576-4731

Monday, July 25 **Loon Lake Mt** **ATIS**
A fire tower peak recently opened to the public; approximately 4.5 miles round trip. Meet on Ausable Club porch 9, back ± 5
Leader: Tony Goodwin, 576-9949

Tuesday, July 26 **Saddleback via Ore Bed Trail** **ATIS**
Call for meeting place; start 8, return 5.
Leader: Maggie Sheldon, 576-9805

Wednesday, July 27 **Fern Walk (limit 12)** **ATIS**

Up Lake Road and return. Meet on Ausable Club porch 10, back around noon.
Leader: Steve Spongberg, 576-9945

Wednesday, July 27 **Rocky Peak** **KV**

Start in New Russia, traverse over Giant and end at Chapel Pond. Call for meeting place and time.
Leader: Betsey Thomas-Train, 576-4592

Thursday, July 28 **Split Rock Mountain (limit 12)** **ATIS**

Bring boots, hiking poles (optional), water and lunch Meet 9:30 at trail head parking off Lake Shore Rd: 9N to Westport, left on Sisco St., left on Rt 22N, right on Lake Shore Rd. approx 5 mi. to trail head on right; return by 3.
Leaders: Walt and Augusta Gladding, 963-8907

Friday, July 29 **Saranac Lake Circuit with serious carries** **ATIS**

South Creek, Middle Saranac Lake, Weller Pond, 1/5 mile carry to Saginaw Bay on Upper Saranac Lake, Bartlett's carry (0.75 m) to Saranac River and thus back to South Creek. Trip may run in reverse direction depending on the wind. Meet 8:30 at St. Brendan's Church parking lot, return 5:30
Leader: Jim Pugsley, 576-9892

Friday, July 29 **Catamount** **ATIS**

North of Whiteface; lovely open summit with good views. Well used herd path including interesting short chimney. Not a long day. Call for meeting place and time.
Leader: Phil Winterer, 576-9019

Saturday, July 30 **Paddle, St. Regis Canoe Area** **HURR**

We will start at Hoel Pond near Saranac Inn and continue to Turtle Pond, Slang Pond and, assuming time permits, make the short carry into beautiful Long Pond. Pack a picnic lunch.
Leader: Bill Roberts 576-2027 billandlizroberts@gmail.com

Monday August 1 **Trail Work Day** **ATIS**

Meet at the ATIS cabin- 9-4- Tools will be provided
Call Tony Goodwin, 576-9949

Tuesday, August 2 **Iron Mountain** **KV**

Easy bushwhack from New Russia/Elizabethtown (4 miles round trip, 2000' of climbing) Call for meeting place and time.
Leader: Christine Bourjade, 873-2488

Wednesday, August 3 **Big Crow for Breakfast** **ATIS**

Call for meeting place, time, details.
Leaders: Walt and Augusta Gladding, 963-8907

Thursday, August 4 **Baldface Surf n'Turf** **ATIS**

Two miles hiking and two miles paddling on Indian Lake. Meet on Ausable Club porch 9, return 5
Leader: Tony Goodwin, 576-9949

Tuesday, August 16

Montreal Museum of Fine Arts

ATIS

The Fashion World of Jean Paul Gaultier: "From the Sidewalk to the Catwalk," followed by a walk up to The Chalet Esplanade, offering a magnificent view of the city of Montreal. Passports ESSENTIAL till! Meet at the Brick House in Keene 8:45, return by 6
Leader: Muriel Luderowski, 576-4478

Thursday, August 18

Ampersand

ATIS

Meet on Ausable Club porch 8:30, return by 4
Leaders: Maggie Sheldon and friends, 576-9805

Friday, August 19

The Nina Webb Memorial Hike

ATIS

Roostercomb via the Jimmy Goodwin trail; bring lunch Meet at the Roostercomb parking lot 9:30, return by 3
Leader: Missy Lang, 576-4284

Saturday, August 20

Giant's Washbowl

HURR

Call Outings Chair Joe Bogardus at 576-9739 for details, leader's name

Monday, August 22

Henderson

ATIS

A bushwhack between Duck Hole and Henderson Lake down by the Santanonis. Meet on the Ausable Club porch 8, return 5
Leader: Doug Tansey, 576-4266 after 8/1

Tuesday, August 23

Hatch Brook (NO solo boals or kayaks)

ATIS

Meet at St. Brendan's church parking lot 8:30, return 5; car shuttle needed
Leader: Jim Pugsley, 576-9892



View from the Jay Range © 2010 Lisa J. Godfrey

Tuesday, August 23 **Paddle Second Pond, Oseetah, Flower** **HURR**

We will put in at the Second Pond State Boat Launch on Route 3, paddle through the locks into Oseetah and Lake Flower, then take out at the town boat launch in Saranac Lake. (spotting cars) Meet at St. Brendan's Church at 9 a.m. Part of the Northern Forest Canoe Trail.

Leader: Marcia Mosey 576-9580 mgmosey189@earthlink.net

Wednesday, August 24 **Paddle Missiquoi Bay near Swanton, VT** **ATIS**

Six boat limit Paddle river to bay and return via alternate channel. Likely osprey, eagles, and heron rookery; limited landing potential. Bring boat, paddles, life preservers, hat, lunch, water, sunscreen, binoculars and camera.

Meet at Dollar General parking lot on Lake St (Rt 11 N) 10:00 and proceed to launch site, return by 3

Leaders: Walt and Augusta Gladding, 963-8907

Thursday, August 25 **Ebenezer** **KV**

Something off the beaten path in Upper Jay, mostly a bushwhack. Meet at 9, call for meeting place

Leader: David Thomas-Train, 576-4529

Friday, August 26 **Giant and Rocky Peak Ridge** **KV**

Through hike starting in New Russia, ending on the Chapel Pond side Meet at Ridge Trailhead for Giant near Chapel Pond 7 a.m. to spot cars

Leader: Kathleen Wiley, 576-6405

Saturday, August 27 **Saddleback and Jay Mountains** **HURR**

Please join me on a hike on a spectacular ridgeline. There are six summits, each more spectacular than the previous one. There is no path between Jay (3600 ft) and Saddleback (3615 ft), we'll set our compasses and bushwhack over and back. Slow-moderate pace. Joint hike with Algonquin and Schenectady Chapters. Level A, 8 miles, about 2500 feet ascent

Leader: Elie Bijou 873-2119 adirondacks@verizon.net

Friday, September 2 **Rocky Falls** **HURR**

From the ADK Loj, we will hike 2.5 miles to Rocky Falls for picnic lunch. Meet at St. Brendan's Church, Keene at 10 a.m.

Leader: Marcia Mosey 576-9580 mgmosey189@earthlink.net

Saturday, September 3 **Mount Skylight from Elk Lake** **HURR**

Call Outings Chair Joe Bogardus, 576-9739 for details, leader's name

Tuesday, September 6 **Ampersand Mountain** **HURR**

Hike to a small peak with a great, open summit and superb views. Pace is slow. Joint hike with Algonquin and Schenectady Chapters. Level B, 5.4 miles, 1800 feet ascent

Leader: Elie Bijou 873-2119 adirondacks@verizon.net

Thursday, September 15 **Indian Head and Rainbow Falls** **HURR**

We'll hike along the many waterfalls of Gill Brook to the superb view of Indian Head, then descend and cross over the valley to Rainbow Falls. Pace is slow. Joint hike with Algonquin and Schenectady Chapters. Level B, 7 miles, 1500 feet ascent

Leader: Elie Bijou 873-2119 adirondacks@verizon.net

Thursday, September 22

Call for meeting place and time

Level A

Leader: Elizabeth Craven, 523-5846

Upper Wolf Jaw**HURR****Saturday, September 24**

This peak, elevation 3060 feet, rises from Rt 9 in New Russia. We should get some great 360° views of fall foliage. Level A, 7.8 miles, 2400 feet ascent

Leader: Joe Bogardus, 576-9739

Bald Peak

joe.adks@gmail.com

HURR**Tuesday, October 4**

A relatively short hike thru the woods and then a short chimney climb leads us to the open rock of this great summit. The view is spectacular, ranging from the northern Adirondacks to the High Peaks. Pace is slow-moderate. Joint hike with the Algonquin and Schenectady Chapters. Level C+, 3.8 miles, 1572 feet ascent

Leader: Elie Bijou

873-2119

adirondacks@verizon.net

Catamount Mountain**HURR****Saturday, October 8**

Please come out and help the chapter maintain our trails in the Gulf Brook area and keep them beautiful. We will make sure everything is ready for the long Adirondack winter. Meet at the Crow Clearing at 9:30. Bring loppers, shears, hoes, rakes, etc., and we will decide at the trailhead what need to be done.

Leader: Ruth Kuhfahl, 576-4699

Fall Trail Work Day**HURR**

Lean-to

After 15 years, the Chapter leanto was re-roofed last summer, with help from a lot of friends. David Thomas-Train organized the project and secured a body of porters to carry the new western red cedar shingles up the mile-and-a-half trail from the Garden. These strong teenage helpers from both Camps Dudley and Treetops ferried the materials to the leanto property and had a fun time getting to know each other, comparing activities and food at their respective camps. Two weeks later, a shingling party consisting of Christine Bourjade, Bettyann Dixson, Bruce and Karen Doman, Dave and Lisa Godfrey, David Thomas-Train, Kathleen Wiley, did the removal of the old shingles and installation of the new. The new red cedar roof is more water resistant than the old white cedar one, whose pieces were buried, to decompose rapidly in the ground well behind the leanto. Many thanks to all who worked on the project! Come see the new roof, and sleep under it this summer! Contact David at badtts@kvvi.net for reservations.



Clockwise from bottom left Bruce and Bettyann; Karen and Bettyann; David and David; Kathleen; Photos by Lisa Godfrey

TD Bank has a new program where ADK earns an annual contribution based on the number of members enrolled. Please consider helping out the Adirondack Mountain Club's fundraising efforts!

AFFINITY MEMBERSHIP PROGRAM

Adirondack Mountain Club Inc. (Code: A2108)

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Chapter Officers

Chairman	Bettyann Dixson	BettyI1738@aol.com	518.576.9117(june to october)
Vice Chair	Helene Yaktai		518.576.4592
Treasurer	Judy Bratt		806.274.3351
Secretary	Volunteer needed		
Director	Kathleen Wiley	kathleen_wiley@yahoo.com	518.576.9159
Alt. Director	Lisa Godfrey	athenastinkdog@gmail.com	610.272.2912

Committees

Conservation	David Thomas-Train	badtts@kwil.net	518.576.4592
Outing Schedule	Karen Doman	Bdoman@epix.net	610.847.8721
Trails Maintenance	Dick Gaffney		518.576.4673
Newsletter Design	Lisa Godfrey	athenastinkdog@gmail.com	610.272.2912
Lean-to	David Thomas-Train	badtts@kwil.net	518.576.4592
Membership	Volunteer needed		
Education	Bettyann Dixson	BettyI1738@aol.com	631.456.9104c 518.576.9117

We are looking for articles for our newsletter. Please submit written articles with photos, if available to Lisa Godfrey.

Keene Valley Chapter of ADK
P.O. Box 593
Keene Valley, NY 12943



View from Nun-Da-Ga-O ©2010 Lisa J. Godfrey