

ADK Today

Vol. 2, No. 9: September 30, 2009

Wilderness Classification

The Adirondack Park Agency has voted to classify Lows Lake and thousands of nearby acres as Wilderness. The landmark decision will provide added protection to two important wilderness canoe routes. More [here](#).

Fall Trails Day

ADK's Trails Program will hold its 17th annual Fall Trails Day in the High Peaks of the Adirondacks on Saturday, Oct. 17. Volunteers, working with trained leaders, will use hand tools to clean drainage, trim overgrown sections of trail and remove downed trees. Participants can stay at ADK's Wilderness Campground for free on both Friday and Saturday nights. For information, or to sign up, contact the ADK Trails Program at (518) 523-3441. A list of trail projects is available [here](#).

JBL Work Weekend

Volunteers will be cleaning up and closing down the Johns Brook Lodge for the season during JBL Work Weekend, Oct. 16-18. (JBL closes for the season on Columbus Day.) Other projects include trail maintenance, cutting and stacking firewood and preparing a family bunkroom for remodeling. The event includes a 3.5-mile (750 foot elevation gain) hike from the Garden in Keene Valley to JBL, and participants will carry in a share of the food. A bunk with two wool blankets will be provided, but you should bring a three-season sleeping bag as well. Bring long johns and rain gear. Participants must register by Friday, Oct. 10. To register, call (518) 523-3441.

Guide Supplement

ADK has released a 24-page supplement to its guidebook "Adirondack Trails: Eastern Region." Written by David Thomas-Train, the supplement describes 12 hiking opportunities at 10 locations in the eastern Adirondacks. The supplement is available for free online at www.adk.org (downloadable PDF file), or for \$1 at ADK's Lake George and Heart Lake properties. It may be ordered by sending \$1 to Eastern Region Supplement, 814 Goggins Road, Lake George, NY 12845. The supplement material will be included in the next printing of the Eastern Region guide.

Outdoor Skills

Fall is a great time to hone your outdoor skills with an ADK workshop. Click [here](#) for a complete list of workshops for October. Learn how to respond to a medical emergency in the backcountry with an intensive, two-day [Wilderness First Aid](#) course. Or discover the marvels of Adirondack natural history with [Heart Lake Fall Happenings](#) or a [lecture](#) at Heart Lake or Lake George.

Club Days

Eastern Mountain Sports (EMS) will be holding its fall Club Day Sale on Friday and Saturday, Oct. 2-3. Show your ADK membership card and get 20 percent off anything in the store (in-stock items only). Click [here](#) to find an EMS store near you.

ADK in the News

- [Free ADK Guidebook Supplement](#)
- [Amherst firm seeks to drill in Allegany State Park](#)
- [New edition out of "The Adirondack Reader"](#)
- [State gets input on new energy plan](#)
- [Off the computer and on the trail](#)
- [Lows Lake moves closer to wilderness](#)
- [New snowmobile guidelines roll out](#)
- [APA revises Lows Lake proposal](#)
- [Wilderness Act Turns 45 - Movement Began in NY](#)
- [Love the outdoors? Central New Yorkers have much to choose from](#)
- [More bears killed in Adirondacks this summer](#)
- [Well-known hiking trail rerouted](#)

Other News

- [On the trail of Henry's Woods](#)
- [Invasives threaten N.Y.'s natural order](#)
- [Old Mountain Road plan includes limited ATV use](#)
- [Mine owners looking at constructing wind farm](#)
- [Germany creates hiking trail just for naturists](#)
- [New York Drivers told to Watch for Amorous Moose](#)
- [Yellow-lettered signs could go by the wayside](#)
- [Local fishing icon Fran Betters dies](#)

ADK Today is an occasional compendium of news and views of interest to members of the Adirondack Mountain Club (ADK). It is produced and distributed by the ADK Communications Department, 301 Hamilton Street, Albany, NY 12210. **Comments, questions or concerns** about the content of this newsletter? Want to be added to or dropped from our distribution list? Send us an [e-mail](#).

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