

# ADK FALL OUTING 2010



## **September 10-12 Camp Fowler, Speculator, NY**

Enjoy hiking, biking, canoeing and more with ADK members from around the state during this much-loved annual event. Camp Fowler is located on 245 wooded acres on the shores of Sacandaga Lake in the town of Speculator. A Saturday evening banquet will feature historian Don Williams, who will speak on the history of the southern Adirondacks. In addition to a generous schedule of outdoor activities for every skill level, participants can also visit the nearby Adirondack Museum or stroll through local towns.

## Registration and information

**Weekend registration** is \$25 per person and is non-refundable; pre-registration is required.

**Breakfast** buffets on Saturday and Sunday are available for \$9 per person per day.

**Saturday dinner** (a buffet with meat and non-meat options) is available at \$13 per person. There is a speaker after dinner; historian/re-enactor/author Don Williams will share the history and culture of the southern Adirondacks.

**Bag lunches** are available for \$5 per person per day (sandwich/apple/chips)

**Mail registration form** (page 7) with choices for trips and meals to Sharon Getman, 1449 Latimer Hill Rd., Canajoharie, NY 13317. Make checks payable to ADK Schenectady Chapter.

Registration/meal payments are non-refundable after Aug. 21.

## Directions

Fall Outing Headquarters is Camp Fowler in Speculator. This is a multi-denominational religious camp. BYOB is permitted. Directions: From the south, north and east, take NY Rt. 30 to Speculator. Turn south on NY Rt. 8, go approx. 2.5 miles and turn right on Pelcher Road, immediately across from Lake Pleasant Marine. Follow signs.

From the west, follow NY Rt. 8 North, approximately 10 miles north of NY Rt. 10 intersection, turn left on Pelcher Road, across from Lake Pleasant Marine, follow signs.

## Accommodations

Accommodations at Camp Fowler are limited and consist of dorm-style, two-tier bunk buildings with a capacity of 6 or 12, and a full bath and kitchen in a separate building. Call Camp Fowler at (518) 548-6525 or their corporate office in Schenectady at (518) 374-4573 for more information.

There are a variety of other lodging options in the area:

### Motels

Cedarhurst Motor Lodge, 4 Corners, Speculator.  
(518) 548-6064

Melody Lodge, Rt. 30 Speculator, (518) 548-6562

Oxbow Lake Motel, Piseco, (518) 548-8603

The Inn at Speculator, Rt. 8, Speculator, (518) 548-3811

Irondequoit Inn, Old Piseco Road, Piseco. (518) 548-5500  
or (888) 497-0350

The Village Motel, 4 Corners Speculator. (518) 548-7161  
Zinzers' Restaurant and Hotel, Route 30, Speculator.  
(518) 548-7021

## Fall Outing Schedule

### Friday, September 10, 2010

2 to 9 p.m. Registration and ADK store in main lodge, Camp Fowler

3 to 6 p.m. Hike and bike excursions

7 to 9 p.m. Program, TBD

### Saturday, September 11

7 a.m. Buffet breakfast and free coffee at Camp Fowler.

7:30 a.m. to 10:30 a.m. Box lunch pick-up, registration, ADK store, excursions depart from Camp Fowler parking lot

6 to 7 p.m. Hospitality hour: cheese and crackers, soda at Camp Fowler

7 to 8 p.m. Buffet banquet

8 to 10 p.m. Historian/re-enactor, author Don Williams talks about the history and culture of the southern Adirondacks

### Sunday, September 12

7 a.m. Buffet breakfast and free coffee at Camp Fowler.

8 to 10 a.m. Box lunch pick-up, excursions depart from Camp Fowler

### Bed and breakfasts

The Beartree Inn, Rt. 8, Morehouse, (518) 826-5614  
Pleasant Point Country Inn, Rt. 30, Speculator.

(518) 548-3559

Red Pines B&B, South Shore Road, Speculator,  
(518) 548-5382

The Cabins in Hope, Rt. 30, Northville. (518) 924-4673

### Campgrounds, private

Irondequoit Inn, Old Piseco Road, Piseco. (518) 548-5500  
or (888) 497-0350

Abanake, Rt. 8, Piseco. (518) 548-8606

### Campgrounds, state

Moffit Beach, Page Street off Rt. 8, Speculator.  
(518) 548-7102

Little Sand on Piseco Lake, Old Piseco Road, Piseco.  
(518) 548-7585

Lewey Lake, 15 miles north of Speculator on Rte. 30.  
(518) 648-5266

# Scheduled activities

Please register for your top activity choices on the registration form. Group size will be limited.  
Outings are subject to change without notice.

## Friday, Sept. 10, 2010

### **1** Tenant Creek Falls Classification C2C

Distance: Approximately 4 miles

Meet: 2 p.m.

Leader: Herb Terns

We'll explore a series of waterfalls on Tenant Creek on Northville. Much of our hike will be along an old road. The first falls combines with some cliffs to form a natural amphitheater.

### **2** Echo Cliffs (Panther Mountain) Classification C2B

Distance: About 2 miles

Meet: 2:30 p.m.

Leader: Walt Hayes

The cliffs aren't at the actual summit of the mountain but the views are. This is a small peak on the west side of Piseco Lake and should offer good views of the Silver Lake Wilderness area and Spy Lake. For those of a literary bent, this hike was featured in Alison McGhee's novel *Was it Beautiful?*

### **3** Auger Falls Classification C2C

Distance Approx 2.5 miles

Meet: 3 p.m.

Leader: Kendra Pratt

An auger is a tool for boring but this trip won't be. They're a spectacular water falls on the Sacandaga River. This trip will be mostly along an old road until we get to the over 100 foot tall series of falls. Bring your camera!

## Saturday, Sept. 11, 2010

### **4** Snowy Mt. Classification A2B

Distance: Approximately 8 miles

Meet: 8 a.m.

Leader: Mike Brun

With its distinctive shape and being just a bit under 4000 feet

tall, Snowy is one of the landmark summits in the Adirondacks. There's over 2100 feet of climbing but the summit is more than worth it. There are a variety of view spots from the ground and a firetower which offers even more.

### **5** Peaked Mt. Pond and Peaked Mt. Classification B2B

Distance: Approximately 7.2 miles

Meet: 8:30 a.m.

Leader: Paul Sirtoli

The ADK guidebook describes this as the perfect day hike and it's hard to disagree. It starts out on the scenic west shore of Thirteenth Lake, then follows Peaked Mt. brook with its many small waterfalls. It goes through several beaver vlys and ends up at a beauty of a pond framed by the cliffs of Peaked Mt. behind it. We'll explore the pond and from there we'll head up to the summit where we'll have great views of the pond, the central Adirondacks and, if it's clear, the High Peaks.

### **6** Cedar River Paddle/Hike Classification A2C

Distance: About 7 miles paddling with a possible 5 mile hike

Meet: 8:30 am.

Leader: David Avigdor, (51) 654-6609,

david@adirondacklaw.com

We'll start at Wakely Dam and paddle south on Cedar River Flow, which offers lovely mountain views. Entering Cedar River from the flow can be a navigation challenge, but we'll do that and paddle upstream for a few miles on a twisty, moderate flow flatwater stretch. If the group would like, we can add a hike (about 5 miles round trip) to Cedar Lakes, with a possible swim at Beaver Lake.

### **7** Balm of Gilead Mountain Loop Classification C2C

Distance: 7 miles

Meet: 9 a.m.

Leader: Neal Van Dorsten

This will be a loop starting on Old Farm Clearing near Thirteenth Lake where osprey are often spotted. We may take in

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### HIKE CLASSIFICATIONS

#### Distance

A+ 13 Miles or More

A 8-12 Miles

B 5-8 Miles

C Under 5 Miles

#### Leader's Pace

1. Fast

2. Moderate

3. Slow

#### Terrain

A Very Difficult

B Strenuous

C Average

D Easy

#### Examples

A+1A Most Difficult Trip

B2C Moderate Trip

C3D Easy Trip

# Scheduled activities con't

(Continued from page 3)

some of the area ponds en route to Balm of Gilead Mt. The summit has a nice view of Thirteenth Lake and we may be able to spot the other outing group on Peaked Mt. across the water.

## **8 Crane Mt.** Classification B2B

Distance: Approximately 6 miles

Meet: 9 a.m.

Leader: Gillian and Herb Terns

Author Barbara McMartin called Crane the super mountain.

No matter what you're looking for it lives up to that billing.

There are great views from the summit and scenic pond about halfway up. Swimming or wading in the pond on the way down is a distinct possibility.

## **9 NP Trail — Piseco to Whitehouse** **NP Trail – Whitehouse to Piseco**

Classification B2C

Distance: 6 miles

Meet Time: 9 a.m.

Leaders: Jackie and Neil Parker

A nice section of the Northville-Placid trail starting or ending at NY 8 in Piseco with easy walking and a gain (or loss) of approximately 500 ft. There'll be two groups; one hiking North to South and the other South to North. A key exchange will eliminate the need for spotting vehicles. Maximum of five participants (plus leader) per group.

## **10 Eagle Pond and Foxlair Estate** Classification C2C

Distance: 4 to 5 miles

Meet: 9:30 a.m.

Leader: Walt Hayes

In the valley of the East Branch of the Sacandaga River, we will follow a fisherman's path to remote Eagle Pond and then explore the remains of Richard Hudnut's Foxlair estate including the foundations of the Oregon Tannery which burned about 1890. It is an easy walk of under three miles round trip to the pond with a 600 foot ascent. Richard Hudnut made his money in the cosmetics business. His second wife was the mother-in-law of Rudolph Valentino.

## **11 Good Luck Cliffs** Classification B2B

Distance: 5 miles

Meet: 9:30 a.m.

Leader: Sharon Getman

We'll pass by Good Luck Lake to climb Good Luck Mt. where hopefully some of it it will wear off on us. There are good views of the cliffs on Good Luck on the way up and then views down of the surrounding area once you get on top.

## **12 Blue Mountain** Classification C2B

Distance: Approximately 4 miles

Meet: 9:30 a.m.

Leader: Kendra Pratt

This mountain was home to one of Verplank Colvin's survey crews. It's now home to a firetower that offers terrific views of the Central Adirondacks and especially, Blue Mountain Lake. This four mile round trip hike offers 1,500 feet of climbing and will get you one step closer to your fire tower patch.

## **13 The Oregon Trail to Stewart Creek Flow** Classification C2C

Distance: Approximately 4.2 miles

Meet: 10 a.m.

Leader: Jack Whitney

There's no need to hitch up your wagon, this isn't Lewis and Clark's Oregon Trail. This one follows an old road past a waterfall, a flume and a scenic beaver vlei.

## **14 Kunjamuk Cave Explore with an Adirondack** **Naturalist**

Classification: C2B

Distance: Under 2 miles

Meet: 10 a.m.

Leader: ADK Staff

Kunjamuk Cave is manmade...or it was formed naturally? It was an old silver mine...or not. As you probably guessed there is a lot of mystery and speculation about the cave. You'll be guided by ADK's naturalist to hopefully unravel some of the mystery and have an enjoyable day.

## **15 Introduction to Geocaching** Classification C2C

Distance: Less than 3 miles

Meet: 10 a.m.

Leader: Harold McCumber

This will be an introduction to geocaching. After an over view of what geocaching is we will then go off and try to find some geocaches in the Speculator area.

## **16 Biking the Speculator Loop** Distance: 13 miles

Meet: 10 a.m.

Leader: Stan Stoklosa

This will be an easy to intermediate mountain bike trip along dirt and gravel roads. There should be views of both the Sacandaga and Kunjamuk Rivers as well as Elm Lake. We'll stop and explore any interesting spots.

## **17 A Family Hike into Kibby Pond** Classification C2B

Distance: Approximately 3.8 miles

Meet: 10:30 a.m.

Leader: Paul and Nicole Weinstein

# Scheduled activities con't

There are people who will tell you that Kibby might be the prettiest pond in the area. This will be a gentle, family-friendly hike into the pond where there should be good views of the clear water and nearby Kettle Mountain reflected in it.

## **18** Chimney Mt Classification C2B

Distance: Approximately 2 miles

Meet: 10:30 a.m.

Leader: Marge Karowe

This mountain is unique among Adirondack Peaks. It sports a 35 foot, massive naturally formed "chimney" at its summit. It also offers great views of the surrounding areas and with some searching, the High Peaks. This is a short hike but there is a lot to see once you get to the top.

## **19** Watch Hill Classification C2C

Distance: Approximately 3 miles

Meet: 2 p.m.

Leader: Harold McCumber

By rights you shouldn't get views this good for a hike this easy. Watch Hill is on the western shore of Indian Lake and much of the trail is along an old road. It boasts views of Snowy Mountain and the wilderness at the southern end of Indian Lake.

## **20** Gorge/Waterfalls on the Sacandaga River Classification A2A

Distance: 6 to 9 miles roundtrip.

Meet: 8:30 a.m.

Leaders: Neil and Holly Woodworth

Trip Size Limit (including leaders): 10

We will park at Whitehouse where the Northville-Placid Trail crosses the West Branch of the Sacandaga River. From there, we'll hike west on the NP Trail for about a mile before taking a fisherman's path to the Big Eddy, a still water in the river. We'll hike west to the mouth of the gorge where a great swimming spot exists. After consultation with the group, we will either rock hop to the base of the first falls or ascend a herd path to a spectacular lookout at the top of the gorge with a view of several of the great waterfalls of the West Branch gorge. Some poison ivy exists at the crossing of Cold Brook, we will try and bushwhack around it.

## Sunday, Sept. 12, 2010

## **21** Blue Ledges (on the Hudson River) Classification C2B

Distance Approx 5 miles

Meet: 9 a.m.

Leader: Ken and Nilde Marcinowski

Blue Ledges is a unique place where the Hudson River makes a horseshoe bend at the base of gigantic cliffs. Except for the end of the trail near the river, the trail features easy grades. We'll hike down to the river's edge where the cliffs rise over

300 feet over head.

## **22** Pillsbury Mountain Classification C2B

Distance: Approximately 3.2 miles

Meet: 9 a.m.

Leader: Elie Bijou

This is a firetower peak which offers great views from the tower. The West Canada Lakes, Snowy Mountain the Miami River and many of the areas that were hiked as part of the outing should be visible. This trip is 3.2 miles with roughly 1200 feet of gain.

## **23** G Lake Classification C2C

Distance: Approximately 5 miles

Meet: 9 a.m.

Leader: Bob Grimm

This will be an easy to moderate hike of about 5 miles RT to G lake with only minor elevation change; just west of Piseco lake and north of Rte. 8. We'll take the former service road to the dam, and hopefully view beaver activity, loons and beech blight. Time permitting we'll visit the remnants of a Syracuse China Camp for employees.

## **24** Kibby Pond Classification C2B

Distance: Approximately 3.8 miles

Meet: 9 a.m.

Leader: Pat Desbiens

There are people who will tell you that Kibby might be the prettiest pond in the area. This will be a gentle hike into the pond where there should be good views of the clear water and nearby Kettle Mountain reflected in it.

## **25** Kunjamuk Paddle Classification B2C

Meet: 9 a.m.

Leader: David Avigdor, (518) 654-6609,  
david@adirondacklaw.com

The Kunjamuk is a lovely, twisty little river with some beaver dams. We will paddle the section from the Sacandaga River to Elm Lake (round trip), and can add a stretch in the smaller stream above Elm Lake if the group wishes. We'll take the short walk from the river to Kunjamuk Cave. Paddlers should be prepared for multiple beaver dams.

## **26** Echo Cliffs (Panther Mountain) Classification C2B

Distance: Approximately 2 miles

Meet: 9:30 a.m.

Leader: Sharon Getman

The cliffs aren't at the actual summit of the mountain but the views are. This is a small peak on the west side of Piseco Lake and should offer good views of the Silver Lake Wilderness area and Spy Lake. For those of a literary bent, this hike was featured in Alison McGhee's novel *Was it Beautiful?*

# Area attractions

## Restaurants/delis

- Abanake Diner, Rt. 8, Lake Pleasant, Breakfast and lunch. (518) 548-8606.
- Adirondack Mountain Grill, Rt. 30, Indian lake, American/Italian. Dinner, lounge. (518) 648-0707
- Common Grounds Café, 4 Corners Speculator. Breakfast and lunch, (518) 548-5488
- Courtesy House Grill, Wells. Fine dining, light grill. (518) 924-5655
- Donuts & More, 4 Corners Speculator. Donuts/sandwiches. (518) 356-3210
- Dragon City II, Rt. 30, Speculator. Chinese. (518) 548-7031
- King of Frosties, Rt. 30 Speculator. Family restaurant, counter, take-out. (518) 548-3881
- Melody Lodge, 1 mile north of Speculator, Rt. 30. Fine food, Adirondack atmosphere. (518) 548-6562
- Mountain Market, Rt. 30 Speculator. Deli, subs, ATM.
- Old Country Pizza, Rt. 30 Speculator. Family restaurant. (518) 548-4820
- Oxbow Inn, Rt. 8, Piseco; full menu, lounge. (518) 548-7551
- Piseco Lake Lodge, Old Piseco Road, Piseco; casual dining, lounge. (518) 548-8552
- Sunrise Diner, Rt. 30 Speculator. Typical diner. (518) 548-4147.
- The Inn at Speculator, Rt. 8, Speculator. Country inn, breakfast, lunch dinner, lounge. (518) 548-3811
- Zinzers Restaurant, 4 corners, Speculator. Lunch, dinner, lounge. (518) 548-7021.

## Museums/historic sites

- Adirondack Museum, Blue Mountain Lake. An open air museum for preserving the history and culture of the Adirondacks. Featured exhibit: "Let's Eat! Adirondack food traditions;" "Wild Unsettled Country: Early Reflections of the Adirondacks;" "Common Threads: 150 Years of Adirondack Quilts & Comforters" Open 10 a.m. to 5 p.m. daily.
- Hamilton County Seaplane Museum, Piseco Airport. Photographic history of local seaplane aviation. Open 8 a.m. to 4 p.m. daily.
- The Wild Center, Tupper Lake (about an hour's drive away). A science-based natural history museum of the Adirondack Mountains. Includes walking trails, naturalist guides, movies and live exhibits. Open 10 a.m. to 5 p.m. daily.
- Camp Santanoni, Newcomb. The Santanoni Great camp is one of the earliest examples of great camp archi-

ture. Over 40 buildings make up the camp which is 5 miles from the nearest road. Hike or bike in on a maintained dirt road. The buildings are beauties and the view of the southern high peaks across Newcomb Lake on which the camp sits are fantastic.

## Furniture

- Jerry's Woodshop, Speculator, (518) 548-5041.  
[www.jerryswoodshop.com](http://www.jerryswoodshop.com)

## Antiques

- Airdville Antiques, Lake Pleasant, (518) 548-5390

## General Shopping

- Charlie Johns, Four Corners, Speculator. Clothing, camping supplies, hardware, books, groceries
- Speculator Department Store. Clothing, camping supplies, hardware, books. No groceries.
- Tanners Outdoor Sports Shop. Route 9 Speculator. Full service sporting goods. [Tannersoutdoorshop.com](http://Tannersoutdoorshop.com)

## Gifts

- Special Something, Common Grounds Café, Four Corners, Speculator
- McCombs Oak Hill Farm, Elk Lake Road, Speculator. Maple syrup, decorative glass, hand-painted items, gift boxes.
- Mountain Memories, Route 30, Wells. Wide range of gifts and cards. (518) 924-7778.

## Boat rentals (cartop only)

- Abanake, Route 8, Lake Pleasant, (518) 548-8606
- Iggys, Moffitt Beach State Campground, (518) 548-4756

## ATMs

- Charlie Johns, Four Corners, Speculator
- Lakeside General Store, Rt. 30, Wells
- Mountain Market, Rt. 30, Speculator
- The Inn at Speculator, Rt. 8, Speculator
- NBT Bank, Four Corners, Speculator

## Golf

- The 9-hole Lake Pleasant Golf Course on Route 8 in Lake Pleasant is open from dawn to dusk through Columbus Day. Greens fees are \$18 for all day, with a pull cart \$2 a day and a motorized cart \$12. Call (518) 548-7071.

# ADK 2010 Fall Outing Registration Form

ADK registration form **must** be submitted by all participants. Please make copies of this form for any additional people, or download one from the website. There should be one completed form for each registered person.

Name \_\_\_\_\_ Chapter \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ E-mail \_\_\_\_\_

*Confirmation will be sent by e-mail unless otherwise requested*

Membership # \_\_\_\_\_ Chapter \_\_\_\_\_ Or non-member/guest

Name as I wish it to appear on name tag \_\_\_\_\_

### In case of emergency, notify:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Phone numbers \_\_\_\_\_

### Excursion sign-up: Requires weekend registration (\$25)

Please indicate your first and second choices for excursions. Group size will be limited.

Friday # \_\_\_\_\_ OR # \_\_\_\_\_ Saturday # \_\_\_\_\_ OR # \_\_\_\_\_

Sunday # \_\_\_\_\_ OR # \_\_\_\_\_

### Fee: Registration is non-refundable

Weekend registration = \$25

**Registration fee amount:** \$ \_\_\_\_\_

### Saturday night banquet buffet @\$13 (non-refundable after August 31)

\$ \_\_\_\_\_

*(You must register for the weekend to attend the banquet)*

### Trail lunch order @ \$5 each day (non-refundable after August 31)

Sat (circle one): Turkey Beef Peanut butter & jelly \$ \_\_\_\_\_

Sun (circle one): Turkey Beef Peanut butter & jelly \$ \_\_\_\_\_

### Buffet breakfast Saturday and/or Sunday @ \$9 each day

Circle day(s) you would like breakfast: Saturday Sunday \$ \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_ **Grand total enclosed:** \$ \_\_\_\_\_

Questions? For general information about the Fall Outing, contact Bob Grimm at (518) 842-7436 or e-mail grimbob@capital.net. For information on reservations, contact Sharon Getman at (518) 673-5216 or e-mail getman@frontiernet.net Book your lodging reservations directly with hotel or campground of your choice. Register early!

**Mail this registration form with a check made out to ADK Schenectady Chapter to:  
Sharon Getman, 1449 Latimer Hill Rd., Canajoharie, NY 13317**

Inside: ADK's 2010 Fall  
Outing! Sign up now!

## The history of the Schenectady Chapter

In 1948, a group of Schenectadians, most of whom were employed by the General Electric Company and many of whom lived at either of the local YMCA/YWCAs, formed the Bouquet River Lodge chapter, so named because of their frequent use of that "Y" owned facility in New Russia. Also a major portion of the membership pool were the "OYK's" (OYK is short for Otyokwa, a native word meaning "friendship," although members contended it also meant, "Always hungry.") In 1958, the name was changed to Schenectady Chapter.

Over the ensuing 60+ years, the chapter has given ADK five presidents, (six if you count one who served two separate terms), nine recipients of the Distinguished Volunteer Award and one commissioner of the APA. All ADK's major awards are named for chapter members — Dave Newhouse, Eleanor Brown, Art Newkirk and Marie Lynch Haberl — and a total of eight chapter member received those awards. The chapter pioneered ADK's only structured and certified White Water Canoeing instruction program and played a major role in developing interest in backcountry skiing and winter mountaineering. Chapter members Bill White and Clark Galloway pioneered today's method of documenting and awarding hikers completing the Northville-Placid Trail. No fewer than six chapter members have written books published by ADK; some chapter members wrote more than one book. Today, the chapter is a local leader in multi-use urban and suburban trail use and maintenance in the Schenectady area.

Schenectady chapter has hosted the spring outing twice, an annual meeting once and is honored to host the ADK 2010 Fall Outing.

ADK Fall Outing 2010  
c/o Sharon Getman  
1449 Latimer Hill Road  
Canajoharie NY 13317