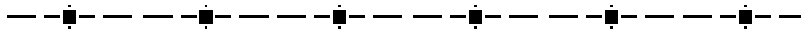
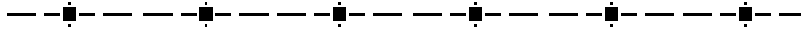


Kids on the Trail Challenge Form



To receive a Kids on the Trail challenge patch, children must complete at least two hikes from each section of the Adirondacks for a total of 16 hikes. Print this form, circle the hikes completed and add any comments you wish to make, including the dates of hikes. Each hiker should complete a form with his/her comments (the latter can be dictated). Adults may partake in the Challenge as long as children are along on each of the hikes.

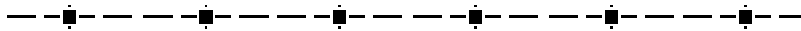


Hiker's name: _____

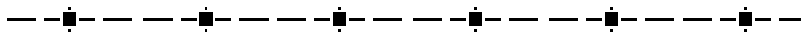
Address: _____

Age (if a child) _____

Children's patches are **free!** Adults who have hiked with children should include \$3 for a patch, payable to ADK Laurentian Chapter.



Descriptions of all the hikes listed below can be found in *Kids on the Trail! Hiking with Children in the Adirondacks*, by Rose Rivezzie and David Trithart, published by Adirondack Mountain Club. To purchase *Kids on the Trail!*, visit www.adk.org.



Kids on the Trail! Hikes

North-Northeast Section

Everton Falls	Silver Lake Bog	Azure Mountain
Silver Lake Mountain	Catamount	Coon Mountain
Owls Head Mountain	Poke-O-Moonshine	Debar Mountain

Trail or Hike Comments: _____

Tupper Lake, Cranberry Lake, and Northwest Section

Lampson Falls/Grass River	Fernow Forest Trail	
Bear Mountain Bog	Bear Mountain	Mt. Arab
Floodwood Mountain	Panther Mountain	Stone Valley Trails

Trail or Hike Comments: _____

Lake Placid, Saranac Lake, and Paul Smiths Section

Brewster Peninsula Trails	VIC at Paul Smiths	Black Pond
Red Dot Trail	Baker Mountain	Owen and Copperas Ponds
Mt. Jo	Rocky Falls	Jenkins Mountain
St. Regis Mountain	Whiteface Landing/Lean-to	

Trail or Hike Comments: _____

Keene, Keene Valley Section

Gulf Brook Lean-to/Lost Pond		Big Crow Mountain
Baxter Mountain	Deer Brook and Snow Mountain	
Owls Head	Pitchoff Mt. Lookout	Mt. Gilligan

Trail or Hike Comments: _____

Minerva, Newcomb Section

VIC at Newcomb	Boreas River Trail	Goodnow Mountain
Stony Pond	Blue Ledges	

Trail or Hike Comments: _____

Old Forge, Long Lake and Blue Mountain Section

Rocky Mountain	Bald (Rondaxe) Mountain	Cascade Lake
Cascade Pond	Black Bear Mountain	Castle Rock

Trail or Hike Comments: _____

Indian Lake and South Section

Auger Falls	Tenant Creek Falls	Cod Pond
Kane Mountain	Good Luck Cliffs	Rock Lake
Sawyer Mountain	Puffer Pond	Chimney Mountain
Echo Cliffs (Panther Mountain Overlook)		

Trail or Hike Comments: _____

Lake George and Southeast Section

Shelving Rock Falls	Crane Mountain	Black Mountain
Hadley Mountain	Sleeping Beauty Mountain	
Tongue Mt. Lean-to/Five Mile Mt.		

Trail or Hike Comments: _____

Return completed form to:

Kids! Challenge

c/o David Trithart

11 Barclay St.

Potsdam, New York 13676

Happy Trails!