

# NORTH WOODS NEWS

## Outings Schedule July, August and September 2015

Most trip descriptions include the letter designations A, B, or C. The guidelines used in classifying our trips are listed in the tables below. These are general guidelines only and may not fit every trip exactly.

The trip leader makes the final decision.

HIKER'S RATING	EFFORT LEVEL	ELEVATION GAIN (FEET)	MILES	TIME (HOURS)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-10	5-7
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	under 1,000	under 5	under 5

PADDLER'S RATING	MILES	PORTAGES	WATER CLASS
A	12+	long (1/2 mile +)	II - whitewater
B	6-12	short	I - moving
C	under 6	none	flat

CYCLIST'S RATING	MILES	HILLS
A	over 30	yes
B+	15-30	modest hills
B	15-30	mostly flat
C+	up to 15	short low hills
C	up to 15	mostly flat

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[www.brownbearsw.com/freecal/northwoods](http://www.brownbearsw.com/freecal/northwoods)

## SPECIAL OPPORTUNITY

**Climb a High Peak with Peggy MacKellar.** This summer Peggy expects to spend many weekends in July and September summiting Adirondack High Peaks - and she would be happy to have North Woods Chapter members join her. If you are interested, call Peggy at 518-523-1341.

**July 8, Wednesday****Paddle - Raquette River**

Leader: Barbara Hollenbeck at  
[barbara.hollenbeck@gmail.com](mailto:barbara.hollenbeck@gmail.com)

We will paddle the Raquette River downstream from "The Crusher" to the Moody Boat Launch in Tupper Lake. If conditions allow, we will stop for lunch at the north shore lean-to on the point of land between Tupper Lake and Raquette Pond.

*approx. 7 mi. PTP Class B Limit 12*

**July 10, Friday****Paddle - Upper St. Regis**

Leaders: Marilyn and Peter Gillespie at  
518-891-2626 or [petergil@roadrunner.com](mailto:petergil@roadrunner.com)

We will put in from Keeses Mill Rd. near the Topridge entrance and paddle upstream to Lower St. Regis Lake and Paul Smiths College. After lunch at the College's St. Regis Cafe, we will return to our starting point. (If weather conditions should force the cancellation of this trip, we will still all get together at the College for lunch because the lunch reservation, which must be made a month in advance, cannot be cancelled.)

*approx. 6 mi. RT Class C Limit 12*

**July 13, Monday****Paddle - The Route of the Seven Carries**

Leaders: Carol and Jim Edmonds at 518-354-7966  
or [jgedce@roadrunner.com](mailto:jgedce@roadrunner.com)

The "Route of the Seven Carries" is one of the classic Adirondack canoe routes. We will do six of the seven carries, from Paul Smiths to Little Clear Pond - our direction of travel depending on the predicted wind. The longest carry is 0.6 mi., but the others are much shorter, some only a few hundred feet.

*9 mi. PTP w/carries Class B Limit 8 Boats / 12 People*

**July 15, Wednesday****Paddle - Newcomb Lake (Camp Santanoni)**

Leader: Bill LaRocque at 518-359-7492 or  
[billtplk@gmail.com](mailto:billtplk@gmail.com)

The road to Newcomb Lake is closed to motorized travel, so our trip will start with a 1.5 hour ride in a horse drawn wagon from the Santanoni Gate House in to Camp Santanoni, arriving at about 10:15. Our passenger wagon will tow a second wagon with our canoes and equipment. We can then paddle on Newcomb Lake, fish, swim, or hike around this Great Camp. We will have lunch at one of the lean-tos or at the Camp. We will leave between 1:30 and 2:00, arriving back at the Gatehouse before 3:30.

The cost of this unique experience is \$25 per person, but if you are over 62 years old, it is free (because the State of New York will pay the fee for you). There is a strict limit of 14 people on this trip and some people who normally paddle solo may have to use tandem canoes. This trip is open to Members and Affiliates of the North Woods Chapter and you must be signed up with the Leader in advance.

**July 21, Tuesday****Hike - Pitchoff Ridge Traverse**

Leader: Carol Edmonds at 518-354-7966 or  
[jgedce@roadrunner.com](mailto:jgedce@roadrunner.com)

The only peak with a maintained trail in the entire Sentinel Range Wilderness Area, Pitchoff offers excellent views as one crosses its six rocky summits. We will probably begin at the Cascade Mountain Trailhead, visit the Balanced Rocks area before hiking up to the ridge, then hike along the ridge before descending to the parking area below the outlet of Lower Cascade Lake. Ascent from the road to the main summit (elev. 3600 ft.) is 1440 ft. plus the many ups and downs along the ridge.

*4.9 mi. PTP Ascent: 1440+ ft. Class B Limit 12*

**July 30, Thursday****Paddle - Lake Everest**

Leaders: Frank and Lethe Lescinsky at 518-523-0334 or [lescinsky@roadrunner.com](mailto:lescinsky@roadrunner.com)  
The dam in Wilmington forms Lake Everett from the West Branch of the Ausable River. We will put in at the town beach and paddle around the pond and up the Ausable River.  
*4 mi. RT Class C Limit 12*

**August 2, Sunday****Hike - St. Regis Mountain**

Leader: Wendy Ungar at 518-891-2750 or [wendy.ungar@utoronto.ca](mailto:wendy.ungar@utoronto.ca)  
Join members of the ADK and friends of Jane Neale for the annual **Jane Neale Memorial Hike**. This is a fundraising event to support the Jane Neale Fund, established by the ADK to support participation by youth in the annual trails crew week. This year's event will be a hike up St. Regis Mountain. This (approx.) two hour climb, mostly moderate with steep pitches near the summit, yields magnificent views in nearly all directions. McKenzie and the High Peaks can be seen to the south. Directly below is a stunning expanse of lakes and ponds within the St. Regis Canoe Area. The summit also has an abandoned fire tower built in 1918 which is being restored.  
Contact Wendy Ungar to register for this event. Contributions to the Jane Neale Fund are always welcome and are tax deductible.  
*6.6 mi. RT Ascent 1266 ft. Class B*

**August 5, Wednesday****Paddle - Weller Pond**

Leaders: Edward and Linda Roesner at 518-891-1924 or [lcroesner@verizon.net](mailto:lcroesner@verizon.net)  
We will meet at the South Creek Fishing Access site on Rt. 3 and paddle from South Creek, across Middle Saranac Lake to Hungry Bay, and then into Little Weller Pond and Weller Pond. We will have our lunch at one of the campsites on Weller Pond, and then paddle back. (Note: Sometimes Middle Saranac Lake can be very windy with significant waves.).  
*8.2 miles RT Class B Limit 12*

**August 10, Monday****Paddle - Upper Saranac or Lake Clear**

Leaders: Carol and Jim Edmonds at 518-354-7966 or [jgecde@roadrunner.com](mailto:jgecde@roadrunner.com)  
If conditions are favorable, we will paddle the length of Upper Saranac Lake, from Saranac Inn to Indian Carry. Otherwise, we will put in on Mill Pond and circumnavigate Lake Clear.  
*(approx.) 10 mi. PTP or 7 mi. RT Class B Limit 12*

**August 13, Thursday****Paddle - Floodwood Loop**

Leaders: Marilyn and Peter Gillespie at 518-891-2626 or [petergil@roadrunner.com](mailto:petergil@roadrunner.com)  
We will put in on Floodwood Pond where it meets Floodwood Road and paddle southeast to Fish Creek. We then proceed down Fish Creek through Little Square Pond, through the southernmost bay of Fish Creek Ponds, under the route 30 bridge to Spider Creek which leads us to Follensby Clear Pond. We will lunch at a campsite on Follensby Clear, then paddle to the northernmost bay where there is a .1 mile carry to Polliwog Pond. We will paddle across Polliwog Pond to the Floodwood Road and our takeout.  
*5.5 mile paddle and 0.1 mile carry Class C+ Limit 8 boats / 12 people*

**August 14, Friday****Paddle - Ausable River to Lake Champlain**

Leader: Elisabeth Craven at 581-523-5846 or [sandbrook2@roadrunner.com](mailto:sandbrook2@roadrunner.com)  
We will launch by the bridge on Rte 9, north of the Ausable Chasm. If it is not too windy, we will then paddle into Lake Champlain and go north around Ausable Point to the Ausable Marsh Wildlife Management Area. There is a nice beach for swimming and picnicking on Lake Champlain.  
*up to 6 mi RT (depending on conditions) Class B Limit 12*

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**August 16, Sunday****Annual Chapter Picnic - Paul Smiths VIC**

This year's Chapter picnic will be held at the Paul Smiths VIC in the pavilion on the left side of the parking lot. Come early and explore some of the VIC's 25 miles of hiking trails. Arrive at 4:00 to enjoy one of Al Hood's famous orienteering treasure hunts. Dinner at 5:00. Bring a potluck salad or dessert to share. The chapter will provide hamburgers, veggie burgers, hot dogs and drinks. Please RSVP so we can coordinate food and know how much meat to buy.

(RSVP to Frank at 518-523-0334 or [lescinsky@roadrunner.com](mailto:lescinsky@roadrunner.com))

**August 18, Tuesday****Bicycle Trip - Grand Isle**

Leaders: Will and Caper Tissot at 518-891-4026 or [metissot@yahoo.com](mailto:metissot@yahoo.com)

We will park at Cumberland Head Ferry and take bikes only across to Grand Isle for an approximate 26-mile round trip down the island's west shore to the Island Line Bike trail which runs along the old railroad causeway over Lake Champlain and necessitates taking a bike ferry across the gap. From there we will continue on to the Rosetti Natural Area's beach on Mallet's Bay for a picnic and swim before returning.

*26 mi. RT Class B+ Limit 12*

**August 27, Thursday****Paddle - Franklin Falls Pond**

Leaders: Frank and Lethe Lescinsky at 518-523-0334 or [lescinsky@roadrunner.com](mailto:lescinsky@roadrunner.com)

We will paddle around the pond and its islands up to where the Saranac River enters. Lunch will be on an island. There will be an opportunity to swim.

*approx. 6 mi. RT Class C Limit 12*

**August 28, Friday****Full Moon Paddle - Osgood Pond**

Leader: Patti Peebles at 518-221-7843 or [ohiopati@aol.com](mailto:ohiopati@aol.com)

A leisurely evening paddle on Osgood Pond by the light of the full moon.

**September 1, Tuesday****Hike - Cobble Ledge**

Leader: Carol Edmonds at 518-354-7966 or [jgecde@roadrunner.com](mailto:jgecde@roadrunner.com)

This new trail was constructed in 2014 and offers a spectacular view of the Ausable Valley and Whiteface and Esther Mountains as a reward for a 1.1 mile walk with relatively little climbing. We will hike in the morning and lunch at the A & W in Wilmington.

*2.2 mi. RT Ascent 150ft. Class C Limit 12*

**September 10, Thursday****Paddle - Rainbow Lake**

Leaders: Marilyn and Peter Gillespie at 518-891-2626 or [petergil@roadrunner.com](mailto:petergil@roadrunner.com)

We will put in at the western end of Rainbow Lake, off Clark Wardner Road (accessible from the Jones Pond Road) and paddle into the flow and Clear Pond, before eating lunch at the alleged site of Legs Diamond's former boathouse. From there, we will paddle east, through a cut in the esker and into the lake itself. Continuing east, we will paddle through the Rainbow Lake Narrows to our takeout at the Onchiota-Mud Pond Road.

*approx. 6 mi. PTP Class C Limit 12*

**September 12, Saturday****Hike - The Flume Trails**

Leaders: Frank and Lethe Lescinsky at 518-523-0334 or [lescinsky@roadrunner.com](mailto:lescinsky@roadrunner.com)

We will meet at the parking area across the bridge from the Hungry Trout Restaurant, work our way through the Flume Trail System network of bike trails and climb to Flume Knob with its good view.

*4 mi. RT Class C Limit 12*

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**September 16, Wednesday****Hike - Hurricane Mountain**

Leaders: John and Susan Omohundro at  
315-265-8365 (h) 315-244-9131 (c) or  
[omohunjt@northnet.org](mailto:omohunjt@northnet.org)

A new trail has been constructed from Rt 9N,  
making for good footing and great views of the 9N  
gorge and a dramatic scene of the summit as one  
approaches. Less than 3 miles one way, with 2000  
feet of elevation gain. We'll begin climbing in mid-  
morning for lunch on the summit. Members only.  
*less than 6mi. RT Ascent 2,000 ft. Class B Limit  
12*

**September 17, Thursday****Hike - Hopkins Mountain**

Leaders: Will and Caper Tissot at 518-891-4026 or  
[mtissot@yahoo.com](mailto:mtissot@yahoo.com)

We will hike up Hopkins Mountain via the Ranney  
trail, with lunch at the top while enjoying the  
spectacular view.

*5.5 mi. RT Class B+ Limit 12*

**September 23, Wednesday****Paddle - Henderson Lake**

Leaders: Edward and Linda Roesner at  
518-891-1924 or [lcroesner@verizon.net](mailto:lcroesner@verizon.net)

Henderson Lake lies within the 6,000 acre Tahawus  
Tract acquired by the Open Space Institute from NR  
Industries for eventual inclusion in the Adirondack  
Forest Preserve. The lake is long and narrow,  
extending about 1.8 mi. north and south with an  
average width of about 0.2 mi. This will be a fun  
trip, strictly exploratory, to paddle the lake and  
explore its shoreline and bays. There is an  
approximately 1/4 mi. carry (suitable for wheels)  
from the parking area to the put-in.

*5 mi. RT Class C Limit 12*

**September 30, Wednesday****Hike - Mount Adams**

Leaders: John and Susan Omohundro at  
315-265-8365 (h) 315-244-9131 (c) or  
[omohunjt@northnet.org](mailto:omohunjt@northnet.org)

This 3540 ft mountain, accessed from the trail to  
Allen Mt. in the Tahawus region, offers excellent  
views from its fire tower of the High Peaks and  
Indian Pass from the south. 2.4 miles one way,  
1800 feet elevation gain. We'll try to carpool, for  
the drive is over 90 minutes. We'll begin hiking  
mid-morning for lunch at the summit. Members  
only.

*4.8 mi. RT Ascent 1800 ft. Class B+ Limit 12*

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