

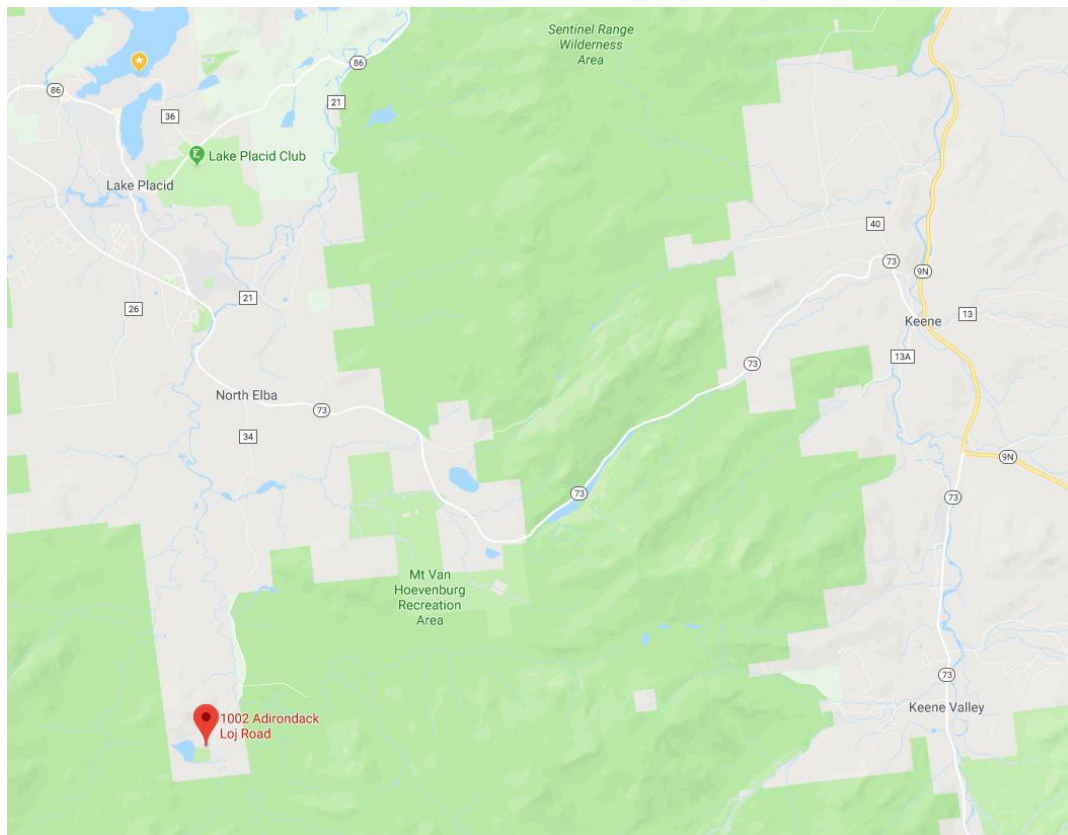
## **Directions to Heart Lake Program Center and Adirondack Loj**

1002 Adirondack Loj Road, Lake Placid, NY 12946

**FROM THE SOUTH:** Take the Adirondack Northway (I-87) to Exit 30. Turn Left on Rt. 73 toward Keene and Lake Placid, continue on Rt. 73 for 26.5 miles. Turn left on Adirondack Loj Road (High Peaks Trailhead sign), five miles to the Loj (dead end).

**FROM THE NORTH:** Take the Adirondack Northway (I-87) south to Exit 34, Keeseville. Follow 9N to Jay and Rt. 86 to Lake Placid. Turn left on Rt. 73 before going through Lake Placid. In three miles look for the High Peaks Trailhead sign and turn right on Adirondack Loj Road, five miles to the Loj (dead end).

**FROM THE WEST:** Take Rt. 3 or 86 into Saranac Lake. Continue on Rt. 86 through Lake Placid. At the third traffic light, turn right onto Rt. 73 towards Keene. In three miles look for the High Peaks Trailhead sign and turn right onto the Adirondack Loj Road, five miles to the Loj (dead end).



This program will be meeting at ADK's Adirondak Loj

Parking for the Adirondak Loj is adjacent to the Loj itself, shown in the map below.

Parking is included for all ADK courses.

