



Member Service Center
814 Goggins Road
Lake George, NY 12845
518-668-4447

ADK Chapter COVID-19 Guidelines

Updated March 7, 2022

Background

ADK continues to monitor the latest guidance from the Centers for Disease Control and Prevention (CDC) to welcome guests and volunteers into ADK spaces and activities. ADK events and facilities are primarily in Essex County, NY. The Club's COVID-19 Guidelines are designed to protect staff, volunteers, and guests in their facilities. ADK's 28 chapters are spread throughout the region where risks from COVID transmission and CDC guidelines varies. A one-size-fits-all policy doesn't make sense.

As we have all learned throughout the pandemic, every individual has their own risk tolerance. While ADK Chapters should take steps to mitigate some risk, there are still inherent risks involved with overnight lodging, indoor dining, indoor meetings and group travel and activities. Individuals choosing to participate in a Chapter's program or event are assuming personal responsibility and accepting increased risks regarding COVID-19.

COVID-19 Guidelines

- Chapters need to be comfortable with their own COVID-19 protocols.
- Chapters have the option to continue to follow ADK's Covid Guidelines or follow the advice of the CDC for the county where they hold their meetings and events or create their own hybrid protocol as long as it meets the minimum CDC guidance.
- The Advisory Council encourages Chapters or Trip Leaders to check the latest COVID-19 transmission status and mask recommendations before holding meetings, outings, socials, and programs to determine the current risk. [Use this map](#) (updated once a day) provided by the CDC to search for the latest Community Transmission levels and masking recommendations in your county.
- It is important for Chapters to communicate these guidelines with all members and Outings Leaders.
- Chapters must first follow local businesses, towns, counties or other areas COVID-19 mandates.
- In the absence of local COVID-19 mandates, at minimum, Chapters and Trip Leaders should follow the CDC guidance for the County where they are holding meetings, events or outings. This includes recommendations for wearing masks.
- Prior to a meeting, Chapter's leadership should check the COVID Tracker website to determine the current mask recommendations for the event/meeting location.
- Prior to an outing, the Trip Leader should check the COVID Tracker website to determine the current mask recommendations for the location of the trip.
- When carpooling, members and guests should continue to wear a mask per CDC ride-share guidelines.
- We ask members and guests to make every effort to maintain social distancing (6 feet or more).
- Masks are optional when outdoors unless social distancing isn't possible.



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- Chapters have the option to require proof of vaccination or testing requirements to attend meetings and events. Chapters also have the option to recommend, but not require, vaccination to participate in meetings and events.
- Trip Leaders may also exercise discretion in terms of safety and preparedness for the events they lead, including enforcing vaccine or testing requirements, as well as masking requirements when indoors, on transportation, or other circumstances.
- COVID-19 protocols should be clearly stated in the trip's description. If there are changes in protocols do to CDC guidance, let participants know about the changes before the event.
- The Advisory Council believes that the outdoors belongs to everyone. To be sustainable and impactful in carrying out our mission, the ADK community must create and embrace opportunities to be inclusive, kind, and equitable. Even if you are vaccinated, your efforts to follow our policies will enable all to feel comfortable in the unique communal atmosphere of these special places.