

October-November 2022 Newsletter

Footprints

Newsletter of the Adirondack Mountain Club
Foothills Chapter

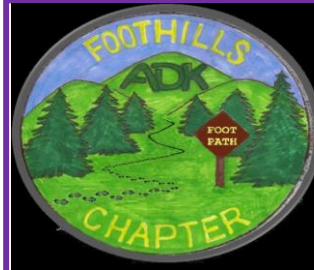


Trail Work

October – Your chance to “give back” !!



Highway Cleanup



Upcoming Events

Wednesday October 5, 2022

Crane Mt

Friday, October 7, 2022

NPT Trail Maintenance

Tuesday, October 11, 2022

Adopted Highway CleanUp

Wednesday, Oct. 12, 2022
Foothills Program & Meeting

Friday, October 14, 2022

Balm of Gilead Mountain,
William Blake Pond and the
Hooper Mine

Thursday, October 20, 2022

Wakely Mt. Fire Tower

Saturday, October 22, 2022

Irishtown Trail Maintenance

Thursday, November 3, 2022

Owls Head Mt Fire Tower

Saturday, November 19, 2022

NPT Loop

Friday November 25, 2022

Moreau Lake State Park

POP-UP HIKES as they
popup!

Add'l activities from other
chapters at adk.org



Events Details



Wednesday, October 5, 2022
Crane Mtn.



I am rating this hike as a B+ even though it is less than 2,000' of ascent and only 4.1 miles total, because there are some steep, rocky sections and there is a 30' wooden ladder to be climbed. But it is a wonderful hike and the stunning view from the top is the well-earned reward. Also, on the descent we'll enjoy the lovely Crane Pond where we might cool our feet off if the temperature compels us!

1,154' of ascent

Rating: B+

Leader: Gail Livingston pepperjack@frontiernet.net or 518-725-6202

Friday, October 7, 2022
NPT Trail Maintenance



The Foothills Chapter ADK has adopted 5 miles of the NP trail beginning at the trailhead on Collins-Gifford Valley Road to the West Branch Stony Creek. The fall trail maintenance will be held on Wednesday, September 21. For those interested in helping, our Chapter provides some tools or bring your own loppers or bow saw.

Time: 8:30am

Place: Collins-Gifford Valley Road trailhead.

Please contact the trail steward if you plan to volunteer.

Arlo Klinetob, arlok2@icloud.com, cell 518-774-4719

Tuesday, October 11, 2022

Come try this rewarding activity! First Come Gets To Use New Trash Grippers!

ADK-Foothills Chapter Adopt-A-Highway CLEAN UP DAY –

MEET AT 9AM AT THE SACANDAGA CAMPSITE ENTRANCE

We will have a cleanup of our 4-mile section of Rte 30 as part of the Adopt-A-Highway Program on Tuesday, October 11 @ 9am. The cleanup is usually completed @11:30-noon.



We will meet at the Sacandaga (Wells) Campsite entrance and we will break up into groups and use the pull offs along Rte 30 for people to park cars closer to where they are cleaning up. Our section runs from The Alpine Grill just below the Sacandaga Campsite and runs north to the St Ann's Church just as you enter Wells. I have orange vests but please also wear bright color clothes or your orange vests so that you are visible to car traffic. I recommend pants tucked into boots. Please bring work gloves if you like wearing them. NYS DOT provides us with trash bags and I have plastic gloves. We will leave filled trash bags near the side of the road for the state hwy dept to pick up.

The Sacandaga Campsite is located approx 10 miles north of Northville, 4 miles south of Wells. There is a brown DEC campsite sign on Rte 30. Any questions contact Marie Naple, marie.naple@usa.net, 619-518-3655.

Wednesday October 12, 2022
Program and Meeting, 7:00pm

Laurie Freeman, a fellow Foothills member and beekeeper, will be presenting at this meeting. She will share pictures and equipment associated with her beekeeping. Laurie will explain why we need more hives, how to get started, and what is involved in caring for the colony and for harvesting the honey. It should be quite interesting.



The regular business meeting will follow presentation. Refreshments too!

Friday October 14, 2022
Balm of Gilead Mountain, William Blake Pond
and the Hooper Mine



Join us on this rewarding hike through northern deciduous forest to the rocky spacious summit of the Balm of Gilead Mt. According to Bill Ingersoll and Barbara McMartin the fragrance from the balsam poplar was the inspiration for the name. Retracing steps we will pass William Blake Pond originally damned to provide water to the Hooper Mine. we will also visit the abandoned, historic Hooper Mine, an open pit mine used to mine garnet. We will come across foundations, cellars and equipment left behind. Perhaps some will want to stop at the Garnet Hill Lodge afterwards. Total distance ~5 miles with 600' of elevation change. Rated C

Leaders: Kathy Miles and Sharon Getman
kd miles@frontier.com or getman@frontiernet.net

Thursday, Oct. 20, 2022
Wakely Mountain Fire Tower



Let's revisit this fire tower which is the tallest in the Forest Preserve. It has eight flights of stairs! Much of the tower is above tree level, affording a 360-degree view. RT distance is 6.0 miles with 1,635' of ascent. Climbing pace will be slow.

Leaders: Nancy & Bob Buckley

Nancyb@aol.com 518-452-1362

Saturday, October 22, 2022
Irishtown Trail Maintenance



The Irishtown to Stony Pond trail maintenance is a 6 mile through hike that passes three ponds, a waterfall, and the lovely cascading Falls Brook. We'll spot a car at the Irishtown end and begin our hike at the 28N trailhead for Stony Pond. We'll have lunch at the small campsite on Big Sherman Pond. Work will consist of side-cutting and blow down removal. You may bring your own tools or use the tools provided by the chapter. Rating: C+

Leader: Gail Livingston
pepperjack@frontiernet.net or call 518-725-6202.

Thursday, Nov. 3, 2022
Owls Head Mountain Fire Tower



Keeping with the theme of revisiting fire towers, let's head to Long Lake and climb Owls Head. The views from this summit include Owls Head Pond, Forked Lake and Blue Mountain. RT distance is 6.2 miles with 1,150' of ascent. Climbing pace will be slow!

Leaders: Nancy & Bob Buckley

Nancyb@aol.com 518-452-1362

Saturday, November 19, 2022
NPT from Upper Benson to Godfrey Road



If you like crossing streams, this is the hike for you. We'll cross 5 on stones in the first three miles and 6 on bridges. The trail starts out by going past Woods Lake and its two campsites. At 7.2 miles the trail joins the former NPT at a bridge over West Stony Creek. From there we will hike to Godfrey Road where we will have spotted a car to complete our loop.

Total distance: 8.7 miles.

Rating: B

Leader: Gail Livingston pepperjack@frontiernet.net or call 518-725-6202.

Friday November 25, 2022
Moreau Lake State Park
Lake Bonita and Lake Ann



A hike to follow a day of eating will be perfect. Enjoy a hike around Lake Bonita to the Lake Ann lean-to. We will continue to an overlook of the Hudson River. This park is very pretty and a good place to be in hunting season. The distance will be near 6 miles with 767' of ascent based on the last time I did it.

Leader, Sharon Getman, getman@frontiernet.net

POP-UP HIKES-once you're on the list, you need not request it again.

Hikes, paddles, or ? may be scheduled with short notice. IF you wish to be notified of these via email, please contact Sharon Getman, Outings Chair at getman@frontiernet.net or call 518.673.5216



Tracking the Foothillers



Commented [JM1]:

Abanaki Lake Paddle

August 15, 2022

Although I was staying at a small cabin on the lake it was decided to use one of several public launch sites around the corner from the cabin. In a summer of heat this day was no exception. We paddled north under the causeway where a nest of osprey parents and a juvenile reside. We passed many beautiful summer homes on this shallow lake. We saw herons, kingfishers, and a cormorant. The north end before Rt 28 had a remote feel due to surrounding state land and several islands. About ½ mile beyond Rt 28 we stopped for lunch at the Indian Lake Public Beach. Three of us swam in the beautiful waters to a diving dock. For some odd reason, the lifeguard thought he should be at the ready at he poise3d for action beyond the first rope. Following the 6 mile paddle a campfire, roasted hotdogs, and yummy watermelon was enjoyed. Paddlers were Marie N, Thora B, Jan M. Arlo K. Nancy and Bob B. Kevin G. and Leader, Sharon Getman.,



Berry Pond

Friday, August 19, 2022

The posts I read did not lie about the challenge of the blue trail to Noosa's Bluff. The first two miles were pretty much steady uphill and the steep sections really got our heartrate up! There had been a few people at the trailhead when we started, but we didn't see anyone on our way up except for a dog walker near the beginning. Much of that uphill is on a wide, rocky logging road before turning into a wooded path. We paused at the top for a snack and the partial view of Lake George to the north and Butler Pond and Vermont to the south. The tall grasses and open area made



this nice change from the lower portion of the trail. We headed down to the orange trail for our first glimpse of Berry Pond. Here a discussion ensued on whether we really wanted to hike around the pond or rest upon our achievements thus far. The thought of the refreshing beverage and lunch waiting for us at the Hitching Post made the decision easy. We'll save the pond loop for another day which will give us another excuse for lunch at The Hitching Post!

Hikers included Jan MacLauchlin, Thora Blackwood, Dorean Page, and the leader, Gail Livingston



Hurrican Mt Firetower

Wednesday September 28, 2022

The weather report called for "roving showers". Fortunately for us, they roved elsewhere, and we experienced "roving sunshine". The ascent of 2000' took us 2 ½ hours and the descent 2 hours. Sights were as expected – fantastic! We

declined the chance to climb the tower as we already had a 360 degree view.

Hikers were Gail Livingston, Kevin Getman, and leader Jan MacLauchlin



Annual Foothills Picnic, Meeting

Wednesday August 10, 2022

Our August picnic/meeting was held in Wells on a gorgeous day. Prior to dinner several members enjoyed paddling up the East Branch of the Sacandaga River while others fished, biked or swam. A large variety of dishes along with hotdogs and hamburgers was enjoyed. Meeting opened at 5:45 by Gail

Treasurer's Report by Val
Bal. Forward. \$5,438.48
Disbursements
Cake and ADK patches. 214.78
Sr. Center Jan - Aug. 150.00
Donation Story History. 100.00

Balance. \$4,973.70

Thora/Nancy/ approved
Val mentioned the 2023 budget is due the end of September



Secretary Report - Sharon motioned to accept without reading, Bob seconded/approved

Outings Report - Sharon noted the NPT trail maintenance was not included in the newsletter. Both Arlo and Marie will schedule their clean up in October.

Education -Dianne was willing to submit a power point presentation on the Grand Canyon for October meeting. Through a quick discussion it was decided Laurie will present a program on bee keeping. Suggestions are always welcome.

Trustee - Laurie mentioned ADK is still looking for stories to record. The club will continue discussions on dues increase and donation policies. Laurie will be stepping down from Vice Chair to become Education Chair. Gail will take Laurie's place on a Zoom meeting on August 16. Nancy mentioned the difficulty in affiliating with a chapter upon renewal. Laurie thought it wasn't too much of an issue because the clubs aren't receiving money based on members.

Old Business -
New Business - Gail read a Thank You from ADK for oral history donation.

Meeting Adjourned 5:59

Submitted by Sharon Getman
Secretary



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**INTERESTED IN MEMBERSHIP??** <https://adk.org/product/membership/>  
Select "Foothills" as club.

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ADK will soon be releasing a second edition of *Ski and Snowshoe Trails in the Adirondacks* by Tony Goodwin and has already released the *ADK 2023 Calendar*.

Use the direct link here: <https://adk.org/product/2023-adk-calendar>

Both make great gifts, and don't forget members receive 20% off all ADK publications!

Foothills-ADK Chapter Executive Committee		
Chairperson:	Gail Livingston	(pepperjack@frontiernet.net)
Vice-Chairperson:	Arlo Klinetob	(arlok2@icloud.com)
Membership:	Walt Lane	(wlane937@gmail.com)
Treasurer:	Valerie Levine	(envelop@yahoo.com)
Secretary:	haron Getman	(getman@frontiernet.net)
Outings Chair:	Sharon Getman	(getman@frontiernet.net)
Board Director:	Laurie Freeman	(radical.accordion@gmail.com)
Education Chair:	Dianne Kierpiec	(dmkierpiec@yahoo.com)
Conservation Chair:		
Publicity:	Marie Naple	(marie.naple@usa.net)
Newsletter:	Jan MacLauchlin	(janmac48@yahoo.com)

TRIP RATINGS				
Hikers Rating	Effort Level	Elevation Gain (ft)	Miles	Time (hours)
A+	Very Strenuous	4000+	10+	10+
A	Strenuous	3000+	5-10	8-10
B+	Moderately strenuous	2000+	5-10	6-8
B	Moderate	1000+	4-8	5-7
C+	Fairly easy	1000+-	2-6	3-5
C	Easy	<1000	<5	<5

These are general guidelines. Not all trips will fit exactly into one of these categories. Address questions to outing leader.