

# Burgers, Sammies and Dawgs

Served with apple ginger slaw and pickles.

All sandwiches, wraps and burgers can be made Gluten Free on request.

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The **JOSEPHINE** \$14.00

A brisket, chuck and angus blended burger served on a grilled brioche bun with lettuce, tomato, and red onion. Add Cheddar, Swiss or American Cheese or Bacon for \$1.50.

The **DR. ORRA** \$16.00

A brisket, chuck and angus blended burger served on a grilled brioche bun with rum and maple bacon jam, candied jalapeños, cheddar cheese, lettuce, and caramelized onions.

The **BETTY PECKHAM** \$14.00

A vegan black bean burger served on a grilled brioche bun with a three sisters' salsa, lettuce, tomato, and caramelized onions.

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The **ELEANOR** \$14.00

A pressed wrap sandwich with sliced turkey, Swiss cheese, bacon, lettuce, and maple mustard served inside a flour tortilla.

The **PLUM** \$14.00

A pressed wrap sandwich with barbecued pulled chicken, cheddar cheese, and caramelized onions served inside a flour tortilla.

The **GRACE** \$7.50

A pressed three cheese sandwich with Cheddar, Swiss and American cheeses served between Texas Toast. Add bacon for \$1.50.

The **JULIA** \$16.00

A Banh Mi style pressed wrap sandwich featuring either marinated pulled chicken or marinated tofu that includes apple ginger slaw, candied jalapeños, cucumber, and cilantro served inside a flour tortilla.

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The **PEGGY O** \$7.50

A grilled Glazier's Red Hot Dog on a brioche bun. Add Michigan Sauce and chopped onions for \$1.50.

The **NELLIE** \$7.50

A grilled Zweigle's White Hot Dog served on a brioche bun. Add Michigan Sauce and chopped onions for \$1.50.

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The **FELOMINA** \$16.00

Our weekly special...

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## **The 2023 menu at the Hungry Hiker has been named in tribute to some of the many women who have transformed the Adirondack Mountain Club into the impactful organization that it is today.**

### **The Josephine**

In 1887, Henry Van Hoevenberg came to the Adirondacks with friends for a camping trip on Upper Ausable Lake. Included in the party was Josephine Schofield. The two fell in love and quickly became engaged. Tragically, Josephine died in the same year under unclear circumstances, and Henry chose to never take another bride. However, he did build the dream that Josephine and he shared. That dream emerged as the Adirondack Loj. He named Mt Jo and Heart Lake in honor of his betrothed.

### **The Dr. Orra**

Dr. Orra Phelps provided the first outdoor workshops at the Adirondack Mountain Club, beginning in the 1930's. She combined workshops on camping and natural history with hiking excursions as part of what she called her "school of the woods". ADK first published its *Guide to Adirondack Trails, Northeastern Section*, in 1934. Dr. Phelps chaired the Guidebook Committee. The book retailed for 75 cents.

### **The Betty Peckham**

In 1987, Betty Peckham became the first female President of the Adirondack Mountain Club. In 1988, under her leadership, the Adirondack Mountain Club first rented the Cascade Cross Country Ski Center as a visitor base and summer home for the professional trail crew. From her vision, ADK purchased the Cascade Cross Country Ski Center in 2022 as a base for its Education Department.

### **The Eleanor**

Eleanor Roosevelt served our nation as First Lady of the United States, beginning in March 1933. An outspoken leader on issues concerning civil equality and labor rights, Eleanor Roosevelt was also an impassioned conservationist. Roosevelt was an early member of ADK and she remained a member of ADK for the rest of her life.

### **The Plum**

Dorothy Plum was a librarian and bibliographer at Vassar College who summered in Keene Valley. Dorothy undertook the task of chronicling the vast dossier of literature that had been published about the Adirondack Mountains. Her work, *Adirondack Bibliography*, was published by ADK in 1958. It was a landmark work that contained an inventory of books, pamphlets and periodicals that had been published through 1955. A second volume covering 1956 through 1965 was published in 1973.

### **The Grace**

Grace Hudowalski was the ninth person and the first woman to summit all forty-six Adirondack high peaks, having done so in 1937. She was an early inspiration for other women interested in climbing in the region. In 1936, Grace and her husband Ed began a club for people interested in the high peaks, the Adirondack Forty-Sixers. She was then elected to serve as its first President. In 2014, in recognition of her dedication to the Adirondacks, East Dix was officially renamed Grace Peak. She served as the Chair of the ADK Publications Committee and scores of ADK Programs have been conducted in her honor.

### **The Julia**

Julia Goren is the current Deputy Executive Director of the Adirondack Mountain Club. She has been a fixture at ADK for twenty years and has developed irreplaceable relationships with staff, members of the outdoor recreation family and community leaders. In her years as a Summit Steward, she hiked Mt. Marcy nearly 300 times but the leadership that she has provided over the past twenty years has been even more monumental. At ADK, we often talk about the irreplaceability of our staff members. There is no one more irreplaceable than Julia Goren.

### **The Peggy O**

Peggy O'Brien served as the long-time Chair of the Johns Brook Lodge Committee of the Adirondack Mountain Club. In 1989, Camp Peggy O'Brien was built to replace Winter Camp as part of the Johns Brook Lodge property and named in her honor. Peggy was affectionately known as the "Heart of JBL".

### **The Nellie**

Nellie Cobane and her husband, Orville, were the first Adirondack Loj managers under the ownership of Fred Kelsey and the Adirondack Loj Corporation. Nellie was known to run a tight ship at the Loj and was diligent in her quest to provide a truly hospitable experience for Loj guests and wilderness travelers.

### **The Felomina**

Felomina Ramos is the longest serving member of the Adirondack Mountain Club Family who is currently employed by the organization. Felomina came to ADK in 2002 and has worked with the Loj Crew ever since. She is beloved by Loj guests and staff and continues to insist on perfectly squared hospital corners on every bed that is made. Anyone who has stayed at the Loj knows that Felomina is...well, she's just special.

## Snacks

Apple Ginger Slaw	\$3.50	Dak Bar	\$3.50
Hummus and Fresh Veg	\$4.00	Potato Chips	\$2.00
M&M's	\$2.50	Peanut M&M's	\$2.50

## Ice Cream and Milkshakes

Hard Ice Cream-Chocolate, Vanilla, Flavor of the Week

1 Scoop	\$3.00
2 Scoop	\$4.50

Add rainbow sprinkles, chocolate sauce or whipped cream for \$.50 each.

Milk Shakes-Chocolate or Vanilla

14 Ounce	\$5.00
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## Drinks

Adirondack Soda (Cola, Orange, Root Beer, Black Cherry, Ginger Ale)	\$2.00
Gatorade (Cool Blue, Orange, Fruit Punch, Lemon Lime)	\$3.00
Naked Juice Smoothies (Green Machine, Blue Machine, Strawberry Banana)	\$4.50
Homemade Ginger Lemonade	\$3.00
Homemade Cold Brew Coffee with or without cream	\$3.00
Hot Coffee or Tea	\$1.50

## Beer and Cider

(must be 21 years of age and provide identification)

Molson Canadian	5.0% ABV	\$6.00
Lake Placid Brewery Big Slide IPA	6.8% ABV	\$6.00
Ithaca Beer Co. Lakeside Lager	4.2% ABV	\$6.00
Lake Placid Ubu Ale	7.0% ABV	\$6.00
Hex & Hop Happy Little IPA	5.3% ABV	\$7.00
Lake Placid Brewery Giant IPA	8.4% ABV	\$7.00
Hex & Hop Moose Jam Sour	6.2% ABV	\$7.00
Livin' Goods Maple Vanilla Porter	5.5% ABV	\$7.00
Stowe Cider Safety Meeting	6.5% ABV	\$7.00
Hex & Hop Birds & The Meads	4.6% ABV	\$7.00
Special		\$8.00
Long Trail Ale (substitute)	5.0% ABV	\$7.00
Switchback Ale (substitute)	5.0% ABV	\$7.00
ADK Lager (substitute)	5.5% ABV	\$6.00
Fiddlehead IPA (substitute)	6.2% ABV	\$7.00