



TRAILMARKER

Newsletter of the Adirondack Mountain Club – Iroquois Chapter

Established in 1972

Fall 2025 Trailmarker



Beaver Lake from the
Bog Trail

Chairmans Message

Our chapter leaders have been busy this summer vacationing and enjoying other fun events. I hope you all have too. As a chapter we did get kind of quiet for July and August. Now we're looking forward to some fun events this Fall. We have a wonderful Wild Edibles Plant presenter scheduled for October and some outings and stewardship opportunities too.

In my 6 months or so as Chair, I've thought a bit about our Chapter's communication methods. After trying a calendar for several months, I found we do have more to share with members and will at times publish the Trailmarker, likely four times a year. We will strive to meet as frequently as we find good presenters or have popular social events like the open house, picnic and holiday dinner. Each of these times the focus is to make the event social and limit the business side of our time.

We do seek a Vice Chair, Communications Leader and Education Leader. I've listed in this Trailmarker how they will help the Chapter. Reach out to me with any questions or if interested.

Submitted by Doug Tinkler

Welcome Back Members!!!

Next Iroquois Chapter Meeting

October 7, 2025 at 6pm at First Baptist Church, 7 Oxford Road, New Hartford NY 13413

Program – Natalie Levin will present on wild edible plants.



See The Latest Planned Outings Below



September 7, 2025 Mt. Arab Hike

Join my puppy Jack and me as we continue his quest to complete the Tupper Lake Triad.

The well-marked path is moderately steep and steady climb to a fire tower on the summit. The total round-trip distance is 2 miles with 750 feet of elevation gain. The summit should offer excellent early fall views of the Tupper Lake area.

This is a dog friendly outing. If you bring your dog, please keep them on a leash.

Bring snacks and water for yourself and your pooch. Poor weather will postpone to another date.

Rating: Easy

Contact: William Luppino 315-360-0359
or Bootsmuddy@hotmail.com

September 13, 2025 Huckleberry Point

I have created an event in both Meetup and our Facebook page with the following details:

Come join me on September 13 as I hike to Huckleberry point down in the Catskills. The trailhead is about a 2.5-hour drive from New Hartford and is near Tannersville on Route 23A. The total mileage for the hike is 4.6 miles and I saw that the Catskill Mountain Club lists this as a moderate hike. I plan to leave at 7:30 and final transportation plans will be made among those that register.

I've been wanting to do this hike for a long time and it doesn't look to strenuous. If this looks like something you are interested in, let me know.

My contact information is listed below.
Mark Perrin mnperrin63@gmail.com or
315 725 4725

September 20, 2025
Kane Mountain

Kane Mountain with optional Indian Lake and Stewart Lake.

Kane Mountain is located in the Adirondacks near the community of Canada Lake. Its summit includes a 60-foot-high fire tower that on a clear day offers wonderful views of the southern Adirondacks. It also shares a parking area with trail access to Indian Lake and Stewart Lake. We will first hike to the summit of the Kane Mountain which is approximately one mile and 600 feet elevation gain. We will take a leisurely pace to enjoy the walk then the summit and the tower views. After our return to the parking lot, we will have the option to walk to Stewart Lake and Indian Lake. To see both lakes we will hike about 4.5 miles round trip. Stewart Lake is about 1.25 miles and Indian Lake is on the same trail after Stewart.

Depending on group interest, we could hike Kane Mountain after the lakes.

If you are interested in joining or you have questions, please text me at 315-271-4759.

October 7, 2025
Wild Edible Plants

The Adirondack Mountain Club – Iroquois Chapter invites members and the public to Wild Edible Plants a presentation by local wild edibles expert Natalie Levin.

This will take place at the First Baptist Church, 7 Oxford Road, New Hartford, NY at 6:30 pm.

Wilderness First Aid course

Wilderness First Aid course for ADK members and non-members in November, with two possible weekends (first or second). The course will be held on the weekend that best accommodates the majority of interested participants.

The course is 16-18 hours over two days and requires current CPR/AED certification. To confirm the course, I need a minimum of six participants.

If interested, please contact Erin Ulrich via email: hkrchk46@gmail.com or text: 315-982-2586 with your preferred weekend.

Sunday Doggie Hikes

This fall I will be leading short 1-to-2-mile canine friendly hikes in Onieda County and the surrounding areas. Of course, people without dogs who want a nice walk in a local wooded area are also welcome.

If you bring your dog please keep them on a leash. Bring snacks and water for yourself and your pooch.

Check the social media sites each week for specific hike information.

Rating: Easy

Contact: William Luppino 315-360-0359 or Bootsmuddy@hotmail.com

October 18, 2025
Peaked Mountain

Let's go check out the Fall colors. From the Thirteenth Lake parking lot, we will walk the trail past Thirteenth Lake taking in the views of the lake and then of Peaked Mountain Pond. A hike up the mountain to the summit will get us spectacular views on a sunny day including of the High Peaks. The hike is 7 miles round trip. Peaked Mountain's elevation is 2919 feet with elevation change of 1270 feet. We will hike at an easy to moderate pace taking our time to enjoy the views. This is considered a moderate effort hike.

If you are interested in joining or you have questions, please text me at **315-271-4759**.
Doug Tinkler

December 6, 2025
Annual Holiday Dinner

We invite members to an evening of dinner and social networking or just catching up with friends.

Please bring a pot luck dish to share and your own table settings and beverage.

5:15 pm is set up time and dinner will start at 6:00 pm.

This will take place at the First Baptist Church at 7 Oxford Road, New Hartford, NY

November 1, 2025
Fall Trails Day

This is a great chance to share in an Adirondack stewardship activity. Our Fall trail clearing will be on the first Saturday of November. Our specific area will be the Browns Tract Trail east from the Cedar Pond trail. The club will provide all the necessary tools and instruction. Bring your own work gloves, lunch, snacks and water.

If you are interested in joining or you have questions, please text me at **315-271-4759**.
Doug Tinkler

Bear Cans

Need a Bear can for your next outing? The Iroquois Chapter has a bear can that members can sign out for their adventures.

Remember that in the High Peaks Wilderness Area bear cans are mandatory for 3 seasons out of the year and many people prefer to use them wherever and whenever they head into the backcountry.

Contact Mark Perrin
mnperrin63@gmail.com

Back Tracks

Lake Julia

Six members walked 3.3 miles of trails (as recorded on my Gaia app) at the Lake Julia Preserve. The trails were very well built and notably soft on the feet in the vast areas shaded by conifers.

Without prior knowledge of the area, we sought out what nature offered there. We talked about some of the plants we saw and shared some stories about bear and mountain lion encounters.

The path we expected to follow that we saw on Deb's Alltrails app was the shape of a lollipop with the trail head at the tip of the handle. We were surprised to find a second fork so of course we took it. Lucky for us we did. It was our chance to see Lake Julia. Strangely the lake's bank to about 50 feet or so, were posted for No Trespassing.

After returning to our cars, some of us drove to another spot-on Roberts Road to check an unmarked path. At that path another car was parked. A note was taped to the window - invasive species research. We did follow the short path to Lake Julia and encountered more posted signs along the lake but also Nature Conservancy signs. It was Nature Conservancy property but posted. I'm curious and plan to contact Nature Conservancy for an explanation. It seems the lake is posted to keep people off it because of an effort to control invasive species. If anyone knows about this, feel free to email me and we will update the story in the next Trailmarker.

Thanks to Deb R, Deb W, Marvin, Judy and Nancy for a fun time at Lake Julia.

Submitted by Doug Tinkler





Ever notice two trail markers on one tree? This can have a purpose. It's meant to tell us hikers that the trail has a sharp change in direction – either to the right or left. You can tell which way by seeing the top of the two markers above and to the right for a right turn or above and to the left for a left turn. In the photo to the left, the markers indicate the trail goes to the right.

Iroquois Chapter Welcomes the Following New Members: (Since Our Last Trailmarker)

David W. Adler * William N. Albach * Jean Andrews * William S Coffin Sr * William Crawn * Benjamin J Dwyer * Kimberly Eaton * Duane Gilmor * Shelly Gilmour * Ernest O. Giraud * Lynne Giraud * Germaine Gogel * Kathleen Hanley Iles * Joyce Klingbail * Abigail Larkin * Sean Lucas * Daniel Martin * John Martin* Bernie McCann * Bailey Meredith* * Sean Lucas * Daniel Martin* John Martin* Bailey Meredith * Ann W Nathan * Mary Niemi * Deborah Prusinowski * Barbara Shuck * Tim Snedeker * Frank G Sorbero, Jr, * Heather Swartz * Zachary Wasielewski * Brittney Watkins *



**Can you name this
plant and fungi?
Answers in the
next Trailmarker.**



Chapter Stewardship

Lean-to Stewardship

The NYS DEC Adopt-a-lean-to program has ADK members visiting lean-tos, checking on conditions, carrying out trash and completing and sending reports to the Department of Environmental Conservation.

The Iroquois Chapter adopts the lean-tos at Middle Settlement and Middle Branch Lakes.

Members who visit either of these lean-tos are asked to contact Norm at **romelandis@peoplepc.com** reporting to Norm their names, driving distance to parking areas and time, hiking time, work time and what they did so he can include it in our reports on behalf of the club.

If you would like to join a group of chapter members that make trips to check the lean-tos, email Doug at **dt46x40@yahoo.com** or sign up for outings to these lakes when you see them listed in our email communications or posted on our Facebook or Meetup site.

Trail Stewardship

Our chapter has adopted trails in the Ha-Deh-Ron-Dah Wilderness. We offer trail maintenance days in the Spring and Fall. If you would like to get on a trails email list to know when the next trails day will be, email Doug at **dt46x40@yahoo.com** or sign up for outings when you see them listed in our email communications or posted on our Facebook or Meetup site.

Open Chapter Roles:

Secretary

We have a member, Deborah White, who has volunteered to help as chapter Secretary. To be official, she needs a membership vote. We'll work on that. Until then, she will help us in that role as interim Secretary.

Education leader

This role will contribute original articles or other properly credited articles to the Trailmarker and prepare and provide their own or arrange for others to provide educational events.

Vice Chair

This role will participate in organizing the picnic, holiday dinner, open house, and other events and learn the operations of the Adirondack Mountain Club and how the chapter fits within the club with the purpose of becoming chapter Chair.

Communications leader

This role serves as Meetup and Facebook administrator with other leaders. The role will email new members a welcome message. This person will investigate the possibilities for a chapter webpage.

ADK Fire Tower Challenge

Adirondack Fire Towers were once essential for forest safety and conservation. After the Great Fires of 1903 and 1908, which devastated over one million acres of forest preserve, a more effective system for managing wildfire detection and public safety became necessary. Built in the early 20th century, these towers allowed observers to spot wildfires before they could spread, helping to protect the region’s vast forests. As fire detection methods advanced, many towers were decommissioned, but today, they stand as historic landmarks and popular hiking destinations, offering stunning panoramic views of the Adirondack landscape. Preserving these structures honors the region’s conservation history and provides a unique opportunity for visitors to connect with the past.

Today, the Adirondack Mountain Club and the Glens Falls/Saratoga Chapter work together to sponsor the Fire Tower Challenge, which encourages participants to explore a variety of regions throughout the Adirondack and Catskill Parks. This popular hiking challenge invites outdoor enthusiasts to experience the rich history and beautiful views of these areas by hiking to the summits of at least 23 fire tower peaks—18 in the Adirondack Park and 5 in the Catskill Park. The challenge promotes adventure and physical activity while highlighting the critical role fire towers have played in forest conservation and public safety. It also includes a stewardship component, reinforcing one of the core tenets of the Adirondack Mountain Club’s mission.

Upon completion, hikers can apply for a certificate, patch, and recognition from ADK, making it a rewarding way to experience the diverse landscapes and heritage of the region. The challenge can be completed in any season, with an optional winter challenge that requires summits to be reached between December 21 and March 21. Whether tackling it in warmer months or braving the winter conditions, the Fire Tower Challenge is a meaningful way to engage with many regions throughout New York States Forest Preserves.

The Adirondack Fire Tower Challenge will celebrate its 25th anniversary in 2026 with over 2,500 completers so far – are you ready to be the next? For more information go to: <https://members.adk.org/members/members/get-involved/adk-fire-tower-challenge.aspx>

Adirondack Wilderness Camping Challenge

This is a unique challenge that will require participants to camp in 18 of the 21 designated wilderness areas within the Adirondack Park.

Read more about the 21 Adirondack wilderness areas:

Blue Ridge Wilderness Area	Hoffman Notch Wilderness Area	McKenzie Mountain Wilderness Area
Five Ponds Wilderness Area	Hudson Gorge Wilderness Area	
Giant Mountain Wilderness Area	Hurricane Mountain Wilderness Area	
Ha-De-Ron-Dah Wilderness Area	Jay Mountain Wilderness Area	
High Peaks Wilderness Area	Little Moose Wilderness Area	

Adirondack Wilderness Camping Challenge (continued)

Wilderness areas are subject to specific management restrictions: See page 22 of https://www.apa.ny.gov/Documents/Laws_Regs/APSLMP.pdf

Leave no Trace policy must be followed: <https://lnt.org/why/7-principles/>

Use the document linked below to keep track of your adventures: Wilderness Area Grid to keep track

Keep a record of your camping adventures starting on October 1, 2020 and submit them to Wendy Sanders upon completion.

A patch and sticker will be mailed to you as soon as your record has been received and reviewed. Include \$10.00 with your record to cover the expense of the patch, sticker and shipping. Make your check payable to the ADK Iroquois Chapter.

This challenge is sponsored by the ADK Iroquois Chapter. See the following link to learn more about this chapter: <https://www.adk.org/adk-chapter/iroquois/?pname=iroquois-chapter>

Image of the Patch issued upon completion of the Adirondack Wilderness Camping Challenge



The Trailmarker is published March, June, September and December. If you would like to contribute material to the Trailmarker, send it by email by the 20th of the prior month to the Trailmarker Editor for consideration.

CHAPTER OUTINGS				
<i>Rating</i>	<i>Effort Level</i>	<i>Elevation gain</i>	<i>Miles (round trip)</i>	<i>Time in Hours</i>
A +	Very Strenuous	4000 ft +	10 +	10 +
A	Strenuous	3000 ft +	5 - 10	8 - 10
B +	Mod. Strenuous	2000 ft +	5 - 10	6 - 8
B	Moderate	1000 ft +	8 - 10	5 - 7
C +	Fairly Easy	1000 ft +	5 - 8	4 - 6
C	Easy	under 1000 ft	under 5	under 5

For additional outing offerings, last minute additions and updates check out our Facebook Page or Meet-up page at <https://www.meetup.com/Iroquois-Chapter-of-the-Adirondack-Mountain-Club>

Iroquois Chapter Contact Information

<p>Chairman – Doug Tinkler 315-271-4759 Dt46x40@yahoo.com</p> <p>Vice Chair – open</p> <p>Secretary – Deborah White</p> <p>Treasurer – Mark Perrin 315 725 4725 mperrin63@gmail.com</p> <p>Stewardship (Lean-tos) – Norm Landis romelandis@peoplepc.com</p> <p>Outings- open</p>	<p>Stewardship (trails) – Doug Tinkler 315-271-4759 Dt46x40@yahoo.com</p> <p>Newsletter - Debbie Pasch 315-749-4265 debra.pasch@yahoo.com</p> <p>Hospitality – Wendy Sanders 315-292-3632 wintermama@hotmail.com</p> <p>Meetup Group – Bill Luppino 315-360-0359 wluppino@msn.com</p>
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